



Highlights

November 24th, 2022

[\(link to today's full issue of Highlights\)](#)

The Theme for November is
Change



Upcoming Worship

Sunday, November 27th

10:30 Worship @ WUS Sanctuary AND Online

Virtual Worship Logistics Below

Don't Just Do Something, Sit There



Advent and Contemplation

This Sunday is the first Sunday of Advent, the Christian season of spiritual preparation for Christmas. This annual time of anticipation can be a time of

deep reflection, contrasting to the frenetic cultural energy and activity of “the holidays.” How can we find our way to quiet amid the busyness of December and the on-going uncertainty of our times? How do we counter the natural tendency to plan and to act when so much is unknown?

Rev. Heather Janules

IN PERSON ATTENDEES

Come to the WUS Sanctuary (478 Main Street, Winchester)

Please wear a mask when entering the building.
As this is an All Ages Service,
we will remain masked throughout

--VIRTUAL ATTENDEES--

On Sunday at 10:30 am, click here to connect with the livestream from the Sanctuary: <https://tinyurl.com/WUSlivestream> .

The **Order of Service** for Virtual Attendees can be found on our website under the listing for this service.

Livestreamers are encouraged to send an email to
checkingin@winchesteruu.org

We know where you are streaming from but don't know who you are!
We want to hear from you!

More information about the worship services
can be found on our [website](#).

Joys, Sorrows and Transitions

If you are facing a time of joy, sorrow or transition in your life, your minister and the Pastoral Care Associates are available to offer a listening

ear, compassionate presence and, if applicable, resources. Contact the office, 781-729-0949 or office@winchesteruu.org.

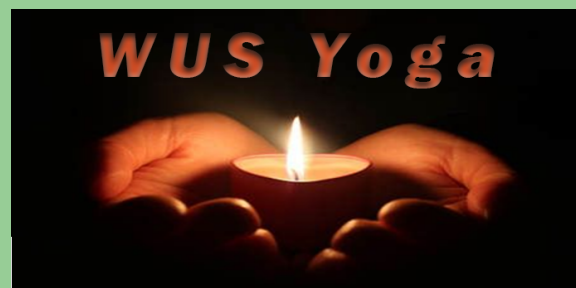
Congregational News



Greening Party, Advent Spiral Creation and Pageant Prep on December 4th

Linger after social hour to Deck the Halls in greenery and decorate the Mitten Tree. Holiday refreshments will fuel our festive labors and the fun! We will also build the Advent Spiral outside and prepare costumes for our Paper Bag Pageant. Spiral makers, organizers, and decorators of all ages are welcome!

Nurture your Spirit
~
Nourish your Body



Gentle Kripalu-style yoga led by Fritzie Nace

Thursdays 5:30 – 6:45 pm in the Meyer Chapel

Deep breathing (pranayama) brings warmth and focus. Yoga postures (asanas) gently stretch and strengthen, enhance balance and counter patterns of daily tension. Connecting breath and movement deepens self-awareness and enlivens our sense of being. If you have never done yoga before, or only just a bit, Fritzie gives clear guidance through a slow flow of postures, offering support as we go. If you have more experience, you are invited to take the postures to your own depth of challenge. Mats, blankets, blocks and straps are provided.

Please let me know of your interest by emailing: Fritzie.Nace@gmail.com.

***Winter 1 Session: 12/01/2022 –1/26/2023
\$100 for 8-week session, \$15 Drop-in***

Grieving a Loved One During the Holidays

After Worship on December 11th
(Beginning around noon; location
TBD)

“The Holidays” are traditionally a happy time of celebration and connection. This season of joy can be particularly challenging for those grieving a loved one. Whether the loss is recent or distant, all are welcome to this supportive gathering, facilitated by Rev. Heather.



Congregational Poll About Coffee Hour and COVID

In our collective relationship to COVID, we are at a point of employing the many mitigation and protection strategies at hand while offering personal freedom to choose how to engage. On Sunday mornings, we continue to require masks to enter the sanctuary and ask that they remain on while our youngest members are present. We continue to monitor the CO2 sensor and open windows when the level indicates that we have gone beyond a level of

ventilation that is near outdoor levels. Current waste water monitoring shows that our area has low levels of COVID. And of course, we encourage vaccination and remaining home if symptomatic.

With the return of colder weather, the option of having Coffee/Social Hour on the terrace is becoming less inviting. We will no longer be setting up the terrace for streaming or coffee hour. This Sunday, we will be using Metcalf Hall with its high level ventilation for our traditional Pie Sunday celebration. With Religious Education using Metcalf except for All Ages Worship Sundays, we would like to get a pulse from the congregation where we go from here.

Please click [HERE](#) for a brief poll about Coffee Hour. Please answer the question within the parameters of current COVID levels. The PPTF and staff will continue to evaluate any significant changes and adjust guidelines accordingly.

As always, the Pandemic Planning Task Force welcomes your questions and comments. Please email us at PandemicPlanningTF@winchesteruu.org.

WUS Fundraiser Update – Newsflash!

We are continuing to develop our newest fundraising idea, “Spring Into the Arts.” It will now become “Fall for the Arts”! In the meantime, we will spring into action for a familiar fundraising event, back by popular demand (we literally have had calls and requests) – our **TOWN DAY RUMMAGE SALE!** This year it will be on **June 3rd, 2023.**



We have had a generous offer from Susan Walewicz, a friend of the congregation and Donna Reed, to spearhead the event. The plan is to simplify the event by eliminating a few less successful categories. Preliminary planning has begun,

complete with consultation with Not-Your-Average-Rummage-Sale-Expert, Betsy Bowles. Now we are needing to put together team leaders

for the various categories. We will be reaching out to former team leads, but welcome newcomers as well.

An email will go out soon and we hope to begin organizing in January. Please let us know of your interest in helping with the rummage sale or if you have any questions, you may reach Susan, Donna and Fritzie at RummageTeam@WinchesterUU.org.

Religious Education

We enjoyed an eventful and active Thanksgiving service for all ages this past Sunday. I hope everyone enjoyed it and that you have been thinking about the word you received as your blessing. The Pie Sunday pies afterward were a perfect ending! The Neighboring Faiths delivered the Chalice Lighting words and lit the chalice, then circulated during pie time to make sure everyone who wanted one had a Guest at Your Table box to start collecting at Thanksgiving. They were real troopers, as I made them leave their pie for a bit! Please remember to place your box on your Thanksgiving table and then on any table where you eat regularly. Put some spare change in the box each time, and bring it back to church on December 18th!

**This Sunday, November 27th:
NO RE Classes for K-6**



There will be **no RE classes this coming Sunday, November 27th**. We'll be back in the swing of things for December 4th with classes and then preparations after church for the advent spiral and paper bag pageant. Please plan to stay a bit late on December 4th to help us decorate for the holidays. There will be cocoa and treats and a generally festive atmosphere!

OWL: Our Whole Lives (7th & 8th Grades)

There will be **no OWL class** this Sunday, November 27, to accommodate those traveling for Thanksgiving break. The class on Sunday, December 4, is about gender identity and expression,



roles, and stereotypes. Next Sunday's class will be in the usual place (the OWL room) at the usual time (5 to 6:30). See you there!

Seeking Mitten Tree Helpers



As in past years, we will have a mitten tree in the Symmes room this year. The Social Action and Outreach Committee is partnering with the Spirit Play class and youth groups to gather gifts this holiday season for disadvantaged families. SAOC has chosen to support Afghan refugee families in our area.

To support these families and also help our Spirit Play kids learn about the value and reward of service, please visit the mitten tree in Symmes. Each "mitten" on the tree has a list of a few gifts for a specific person. Take a mitten with you, purchase the gifts on it, and return the gifts with the mitten to the church for wrapping by **December 18th**. If you would rather donate a dollar amount, we will gladly accept whatever you wish to donate. See more information about this project in the SAOC announcement below.

Junior Youth Group (7th & 8th Grades)

It was so nice to have WUSYG and JUSYG together last weekend and our MLK Day Planning is really coming along! This Sunday there is no JUSYG due to Thanksgiving. Please enjoy the time with your families. Message Sam with any questions: wusyouth@gmail.com

WUSYG: Winchester Unitarian Society Youth Group (9th-12th Grades)

It was super fun to see you all again and get to introduce you to our new JUSYG crew!

This coming Sunday, Nov. 27th, there is no WUSYG due to Thanksgiving. Please enjoy the time with your families, and also consider honoring indigenous culture and/or how you can proactively decolonize some part of your life. If you have questions, concerns or compliments about our youth programs, please email Sam and Alison at wusyouth@gmail.com. Please also don't hesitate to reach out to us if you simply need someone to talk to about everything that is going on.

Social Action & Outreach

It's back!!

Our TRADITIONAL expression of LOVING GENEROSITY
by the WINCHESTER UNITARIAN SOCIETY community!

The **MITTEN TREE** returns —this season in both physical and virtual spaces! The traditional mitten tree will be up in the Symmes Room on Sunday and ready for you to select a mitten. The virtual sign-up will begin after Thanksgiving. Watch for more details in upcoming Highlights.

Our recipients this year will be families supported by LexRAP ([Lexington Refugee Assistance Program](#)) and the [Neighborhood Support Team](#). Our special thanks go to Marilyn Mullane for connecting us with local refugees through the Neighborhood Support Team.

The Social Action and Outreach Committee also thanks you for the Thanksgiving baskets heading for the Council of Social Concern!

— Mary McIntosh, on behalf of the Social Action and Outreach Committee

CALLING ALL WOULD-BE CHAUFFEURS!

Winchester's ABC (A Better Chance) high school scholars need you as drivers to appointments and lessons around town—tennis, music, etc.

Please contact Amanda Lewis, ABC board member, at amanda6lewis@gmail.com, if you can help.

Additionally, these high schoolers have —and need transportation to these commitments also.

Please don your chauffeur's cap today and let Amanda know you are ready to roll!

II. CALLING ALL MATH GEEKS AND NERDS!

Do you identify yourself as a math geek and/or a math nerd? Or, more simply—a math expert? If you do, the ABC scholars need you!

These bright young men have embarked on Winchester High School's demanding math curriculum and need occasional reinforcement.

Could you be available as their tutor(s) at weekday study halls, from 4 to 6 pm or 7:30 to 9:30 pm at the ABC House, 2 Dix Street, Winchester?

If so, please contact Academic Advisor David Greenbaum at aa@winchesterabc.org. ABC will provide access to a background CORI check.

And , extra credit if you can describe the difference between a geek and a nerd!

—Gloria Legvold, Social Action and Outreach Committee member

Green Sanctuary

Thank you all who helped clear the WUS leaves on Sun. Oct. 30 and/or on Sat., Nov. 15. You reduced church costs, as well as noise and CO2 pollution from gasoline leaf blowers.

Go to <https://www.winchesteruu.org/justice/green-sanctuary/> for an update on GS Activities, Meetings, and links to "*Wisdom, Awe, and Action.*"

Renew (or begin) WinPower 100.

Our church and about 28 congregant households are in Winchester's WinPower 100 program, which sources 100% renewable energy to supply our electricity. A new WinPower 100 starting in December will be at a price lower than Eversource's current Basic Service (only 18% renewable) rate. However, **you must affirmatively re-enroll to keep WinPower 100, otherwise you will revert to Eversource Basic Service.** The **deadline** to take

action is this Monday, **November 28, 2022**- this is a one-time requirement. Re-enroll (or newly enroll) at winpowerma.com/100-renewables ,or call the new supplier, Direct Energy, at (866) 968-8065.

Winchester Unitarian Society | 478 Main St. Winchester MA 01890
(781) 729-0949 | office@winchesteruu.org | www.winchesteruu.org

Winchester Unitarian Society | 478 Main Street, Winchester, MA 01890

[Unsubscribe office@winchesteruu.org.](#)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by office@winchesteruu.org powered by



Try email marketing for free today!