



Highlights

October 6th, 2022

[\(link to today's full issue of Highlights\)](#)

The Theme for **October** is
Courage

Upcoming Worship

Sunday, October 9th
10:30 Worship @ WUS Sanctuary AND Online
Virtual Worship Logistics Below

The Nine Lives of Unitarian Universalism

Rev. Heather Janules

Unitarian Universalism is a long name for a religion and, as the union of

two traditions, has a long history. There are a lot of dates and facts to remember and lots of famous UUs had three names (like Ralph Waldo Emerson). It is all hard to keep straight and unless you are a big history nerd, might be a little boring. So, with the assistance of a presentation of "Unitarian Universalist History...in Cat Memes," this service will be a quick review of the key figures and moments of the past that give us contemporary Unitarian Universalism. It is a story of holy curiosity, of courage and commitment to religious freedom that still has many lives left to live!

IN PERSON ATTENDEES

Come to the WUS Sanctuary (478 Main Street, Winchester).

The service will also be broadcast on the Bell Tower Terrace.

**Please wear a mask when entering the building.
When the children exit to Metcalf Hall of the building,
masks are optional**

--VIRTUAL ATTENDEES--

On Sunday at 10:30 am, click here to connect with the livestream from the Sanctuary: <https://tinyurl.com/WUSlivestream> .

Note that we have moved back from Youtube to Streamspot.

You may also access the stream
at: <https://venue.streamspot.com/8993d7a4>

Virtual Social Hour is now on hiatus.

The **Order of Service** for Virtual Attendees can be found on our website under the listing for this service.

More information about the worship services can be found on the [website](#).

Next Sunday: Blessing of the Animals!

Look for a special email explaining how humans and (friendly, vaccinated and leashed/contained) animals and people of all ages can come together for worship!

Not all animals can come so we invite you to email photos to Rev. Heather. at heather.janules@winchesteruu.org Those left at home will be honored in a slide show and those who have died will be included in a Ritual of Remembrance.

Joys, Sorrows and Transitions

Our condolences are with **Patty Cameron** and her family with the recent death of her father, Charlie Cameron.

Update on **Ellen Lang**: Ellen is back home now! Calls and cards are welcome. She appreciated the cards sent to her at the rehabilitation center and the care from the congregation.

If you are facing a time of joy, sorrow or transition in your life, your minister and the Pastoral Care Associates are available to offer a listening ear, compassionate presence and, if applicable, resources. Contact the office, 781-729-0949 or office@winchesteruu.org.

The WUS Many Hands Make Light Work Poll

Dear Friends of WUS:

As we head into the fall, WUS would like to thank the many people who helped make our summer services happen, and with the start of the church year, invite everyone (WUS friends old and new) to consider sharing their time and talents to ensure that each week WUS is the warm, vibrant and welcoming community that we love!

Did you know that WUS has an [online sign-up](#) for our regular Sunday volunteer needs: such as ushers, greeters, and the Sunday Secretary, and purchasing & dedicating altar flowers? Signing up to volunteer is a wonderful way to get to know others in our congregation!

As we hope Covid rates stay low, WUS also hopes to increase the ways that we can gather and connect with one another - like our amazing ingathering potluck – which couldn't have happened without the help of many hands!

Thanks for taking this quick [poll](#) to let us know what types of volunteer opportunities you'd be interested in, or if you have questions, please reach out to: [Richard Dorbin](#).

Warmly,
WUS Fellowship, Membership, & Staff
To see a full description of ways to volunteer, [click here](#).



Community Care in Action

Can you deliver a meal to
someone in need?

Can you provide a local
ride on occasion?



MAY WE CONTACT **YOU** when there's need?

Join the Meals & Rides Volunteer List [here](#).

Congregational News

**We
Believe**

in Dog Walks Again! This Saturday, October 8th



We Believe in Dog is a gathering of WUS members and friends – and their dogs – who walk together in the Fells. You don't need a dog to participate! All participating dogs must be friendly and vaccinated.

We next gather on Saturday, October 8th. We will meet at the second of three entrances to the Middlesex Fells on Hillcrest Parkway **at 10:00 am** and start walking around 10:05. Let Rev. Heather know if you plan to come: heather.janules@winchesteruu.org

Please also send your cell number if this is your first walk so we can reach out to you if you are not at the starting point when we are about to begin.

Spring into the Arts

Organizational Meetings

- ALL INVITED!!!

Please come to one or both

- WE NEED YOU!

Sunday, October 9th

in Michelsen after Service

Tuesday, October 11th, 7 pm via ZOOM

Join Zoom Meeting

[https://us02web.zoom.us/j/2661710769?
pwd=UGNrbTN3ODJBY3ZmM0p3WS9lcFlvUT09](https://us02web.zoom.us/j/2661710769?pwd=UGNrbTN3ODJBY3ZmM0p3WS9lcFlvUT09)

Meeting ID: 266 171 0769

Passcode: ARTS

Questions/Comments, please email WUSArtSpring@gmail.com



Bring-a-Friend to WUS | Sunday October 16

**Blessing
- of the -
ANIMALS**

**A special ALL-AGES
service at 10:30am!**

**Please join us &
bring-a-friend both
of the 4-legged and
2-legged varieties!**

**We'd love to see
you, either virtually
or in person on
October 16!**

In-person: Winchester Unitarian Society | 478 Main St | Winchester
Outdoor coffee hour on the Terrace following the service

Do you have a beloved friend, who is 4-legged, furry, feathered or scaled? Or perhaps a 2-legged friend who loves animals as much as you do?

Well, bring them next Sunday on October 16th to our **“Blessing of the Animals” Bring-A-Friend Sunday!**

Our next service will be a special “All Ages” worship, which will be sure to inspire all creatures, great and small, and will celebrate our mutual interdependence of life.

P.S. If you don't have a special animal to bring, bring a picture of one you love or an endangered one from the wild. See above about emailing photos of animals you want recognized to Rev. Heather.

MEMBERSHIP CLASSES

Please join Rev. Heather Janules and the Membership Committee for two sessions -- one on your individual spiritual journey ("Beginning"), and the second on "Belonging and the History of Unitarian Universalism."

Prior to the November 5 class, participants should have attended or watched the recordings of the September 18 and October 9 WUS services, which can be found online. See below for links and descriptions.

We'll also answer any questions you have about life at WUS and the path to membership.

Beginning | **SAT OCT 22 | 10 am -12:30 pm**
Belonging/UU History | **SAT NOV 5 | 10AM-12:30PM**
Michelsen Room
Winchester Unitarian Society | 478 Main Street

**Please let us know if you would like childcare
or if you have any special dietary preferences, when you RSVP.**

To RSVP or if you have any questions,
email: heather.janules@winchesteruu.org or sophia.sid@gmail.com

We hope you can join us!

WUS Services to attend or watch prior to the November 5 Membership Class

September 18: Because Church: The Meaning of Belonging

If you search for Winchester Unitarian Society on You.Tube.com, you'll find this service. It's the video with the word "Deep Wells" as the image.

https://www.youtube.com/channel/UC7lJjS7xUPu-08H_vR-BB8g

This service is the video with the word "Deep Wells" as the first image.

People come to the Winchester Unitarian Society for different reasons - for the freedom to explore their spirituality without dogma or creed, to find people with whom they can make justice real, for friendship and relationships across generations outside our family structures. And the food. (Every faith community has good food as a compelling selling point.) This service, particularly relevant for those new to the congregation and to Unitarian Universalism but important for us all, will reflect on

what it means to be part of a congregation in this time and this place. Our faith community will be what we make it. Come consider this gift and this challenge!

October 9: The Nine Lives of Unitarian Universalism

This service will take place this Sunday. You may view the recording after the fact at www.tinyurl.com/wuslivestram

Unitarian Universalism is a long name for a religion and, as the union of two traditions, has a long history. There are a lot of dates and facts to remember and lots of famous UUs had three names (like Ralph Waldo Emerson). It is all hard to keep straight and unless you are a big history nerd, might be a little boring. So, with the assistance of a presentation of "Unitarian Universalist History...in Cat Memes" this service will be a quick review of the key figures and moments of the past that give us contemporary Unitarian Universalism. It is a story of holy curiosity, of courage and commitment to religious freedom that still has many lives left to live!

Winchester Unitarian Society is Hosting a *Baby Shower* for **Zahida!**

Dear Winchester Unitarian Society,

The Sanctuary Task Force is a group of WUS members, friends and staff motivated to extend our care to those impacted by the broken US immigration system. Our current efforts are in service to a local family from Afghanistan, newly arrived after the rise of the Taliban. We do this work in coalition with other faith communities in Winchester. If you wish to participate in the Task Force or in the on-going support of the Rawan family, please contact marilynnullane@me.com.

The Afghan family that we are supporting will be welcoming a new addition in late November. The Sanctuary Task Force decided it would be fun to celebrate the upcoming birth with a baby shower or jorra as it is known in Afghanistan. They too celebrate with refreshments and presents even if it isn't the first child for the family. Zahida Rawan, her daughter, Sapha, cousin Gul Sanga and her daughters Zainab and Lima will be attending.

As you can imagine, coming to a new country, there are needs that we hope you can help with that will make life easier with a newborn, including:

- Graco Modes Nest Travel System, includes Baby Stroller and Infant Car Seat (Model No. 2173542)
- Angelbliss 3 in 1 Rocking Bassinet and Baby Portable Travel Bassinet Bedside Crib, Mattress included
- Baby Clothing (for a girl)
- Infant Diapers
- Baby Bath Tub and Hooded Towels
- Baby First Aid Kit

If you enjoy shopping and would like to donate one of the items listed above, please let me know. And, please only purchase one of the above when you get the OK from me so that we can avoid duplicate items. Items purchased should be wrapped and delivered to the church office no later than October 14th.

Of course, cash donations would also be most welcome. Your check should be made out to the Winchester Unitarian Society. The memo field can be annotated with NST (Neighborhood Support Team). Please let me know if you want your donation to go to gifts, the celebration or where it is most needed.

We wish we could invite the entire congregation to our baby shower. Unfortunately, so this celebration isn't overwhelming for Zahida and her family, we are inviting WUS volunteers who have been engaging with the Rawan family. We hope you understand that familiar faces will be most comfortable for the family.

Lastly, any funds that exceed our needs, will be sent to the Winchester Interfaith Resettlement Partnership Neighborhood Support Team (WIRP NST) which directly supports the Rawan family.

Marilyn Mullane
Sanctuary Task Force Chair
marilynmullane@me.com
781-729-6787

The November 8th Election is coming up *Fast!*

As many of you know, there will be many important opportunities to ...

VOTE YOUR VALUES

We want to make sure that everyone knows that there are 4 official Ballot Questions this year, all of which are important. You can find the official information about all of them here:

click: [MA Information For Voters 2022 Ballot Questions](#)

While the League of Women Voters is a non-partisan organization, they do take positions on some ballot questions and you can find those here: <https://lwvma.org/lwvma-statement-on-2022-ballot-questions/>

They are also hosting 3 different informational forums:

(**10/12, 10/13, & 10/17**) about the ballot questions this year, which you can register for here: <https://lwvma.org/ballot-question-forums/>

You can find information down to the county level for what will be on your ballot on **11/8/22** from this LWV website: <https://www.vote411.org/>

Mark your Calendars for

the next concert!

Solar Winds

Woodwind Quintet

October 28th at 8 pm

Our 17th Concert Series begins on **October 28th at 8 pm** with **Solar Winds Woodwind Quintet** and **John Kramer on piano**.

The program includes the **Carl Nielsen Wind Quintet** and the **Poulenc Sextet for Piano and Winds**. Sponsorships are welcomed! Contact Kathryn Maffei klminc@aol.com for more info. For more on Solar Winds go to: <http://www.solarwindsquintet.com>

Religious Education

In our First Reflection in church on Sunday, we had a very special guest –

a tickling expert. Yes, Elmo. We discussed how tickling can be fun, but then also not fun if it's too rough or goes on too long.

We talked about the importance of being clear about wanting or not wanting to be tickled, and to listen when someone you're tickling says, "no" or "stop." I did my very best Elmo impression, which admittedly isn't my strength. The children were kind. Elmo came with us to RE classes and the Neighboring Faiths kids asked him many questions about their covenanting. I think he had a good day, and so did we!



Photo by [Jason Moyer](#) on [Unsplash](#)

This Sunday, October 9th: RE Classes for K-6

This Sunday we'll be gathering all classes together to celebrate Indigenous People's Day with a story, a craft, and some snacks. We'll read *Encounter*, by Jane Yolen, about a young Taino boy who sees Columbus's ships sailing in to his home. We'll also hear about the Native American Medicine Wheel, which is common with some variations to many indigenous tribes in North America.

OWL: Our Whole Lives (7th & 8th Grades)

Our OWL facilitators had a successful parent orientation meeting this past Sunday evening. The first OWL class will be Sunday, October 16, from 5 to 6:30 in the OWL room on the top floor of WUS. (Signs will be posted for all to find their way.)

Junior Youth Group (7th & 8th Grades)

We're thrilled to be launching a Junior Youth Group next month which will meet after OWL Classes from 6:30 to 8 pm on most Sundays. Our opening event will be a Halloween Party on Oct. 30th. We will be serving dinner for the first 30 minutes. We're looking for congregational volunteers to make and join us for these meals! Parents, please [click here to fill out our initial interest/sign up form](#) so we can expect your child at our first meeting.

WUSYG: Winchester Unitarian Society Youth Group (9th-12th Grades)

It was fun hanging out with all of you in our newly-cleaned WUSYG room last Sunday! Some of you already gave epic check ins and we're so excited to hear more of them this weekend!

This coming Sunday, Oct. 9th, 4:30 to 6:30 pm

WUSYG will be having another regular meeting. We'll meet in the WUSYG room (then go into Metcalf Hall later for activities).

Save the Date: Oct. 21-23 will be WUSYG's beloved Fall Retreat at Buffalo Hill Farm. The retreat goes from Friday night until Sunday morning.

If you have questions or want to be sure we have your email address for our WUSYG listserv, please email Sam and Alison (our new Assistant Director of Youth Ministries) at wusyouth@gmail.com.

Yoga at WUS

Thursdays 5:30 – 6:45 pm

(note new day/time!)

in the Chapel and via Zoom



Led by Fritzie Nace, MA DTR

Deep breathing (pranayama) brings warmth and focus. Yoga postures (asanas) gently stretch and strengthen, enhance balance and counter patterns of daily tension. Connecting breath and movement deepens self-awareness and enlivens our sense of being. If you have never done yoga before, or only just a bit, Fritzie gives clear guidance through a slow flow of postures, offering support as we go. If you have more experience, you are invited to take the postures to your own depth of challenge. Mats, blankets, blocks and straps are provided.

Please let me know of your interest by emailing Fritzie.Nace@gmail.com. If you wish to join via zoom, I will share the link.

Four 8-week sessions:

9/22 to 11/10/22,

12/1/22 to 1/26/23,

2/9/23 to 3/30/23,

4/6/23 to 6/1/23.

Full session prepaid - \$100; Drop-in (\$15).

(Checks may be made out to Winchester Unitarian Society.)

Social Action & Outreach

BUILDING BELOVED COMMUNITY

Book by Book



One way to celebrate Hispanic Heritage Month is to educate ourselves about some of the many important figures who have had a positive impact on our world. *My Beloved World* by Sonia Sotomayor, the first Hispanic justice on the United States Supreme Court, is an absorbing and inspiring read. Her memoir recounts a challenging childhood, complicated by the diagnosis of juvenile diabetes, and her subsequent life up to 1992 as she coped with prejudices about women and Puerto Ricans. A lifelong learner, Sotomayor's mentors, family, and friends sustained, motivated, and encouraged her. It's a good read!

Sandy Thompson for the Racial Justice Planning Group

Put Your Money Where Your Is



Worried your bank
funds climate chaos?

Wonder if your credit
card is really green?



Want to find better alternatives?

Join a webinar by the 350 Mass Stop & Steer
the Money working group and learn how
to find banks and credit cards that align
with your values

Monday, October 17, 7-8 PM

Sign up using the QR code or at
bit.ly/stop_steer_webinar



Town Meeting Communications Study

Public Listening Session

Share your input on our draft recommendations for
**Improving Winchester
 Town Government Communications**

**Thursday, October 6
 7-8:30 pm**

Winchester Public Library
 Large Meeting Room

Join us in person
 or on zoom!

tinyurl.com/WinCSCOct6



Winchester Town Meeting
 Communications
 Study Committee



The Town Meeting Communications Study Committee (CSC) will present its draft recommendations—and listen to public input and ideas—for improving town government communications at a public information session on **Thursday, Oct. 6, at 7:00 pm**. This hybrid meeting will be held in person at the Winchester Public Library and online via Zoom.

No registration is required to attend in person. To attend via Zoom, please register at: tinyurl.com/WinCSCOct6. Can't make the meeting but have ideas to share? Contact the CSC at winchestercsc@gmail.com.

Modern Recommendations
 in *Contemporary Media*
 with a
Transcendentalist Sensitivity

Today's recommendation:

What the Constitution Means to Me

a 2017 American play by [Heidi Schreck](#)

Originally a Broadway play, you can now watch it on Amazon Prime. To see a trailer for the Amazon movie, go to:

[~ What the Constitution Means To Me ~ - Trailer](#)

Winchester Unitarian Society | 478 Main St. Winchester MA 01890
(781) 729-0949 | office@winchesteruu.org | www.winchesteruu.org

Winchester Unitarian Society | 478 Main Street, Winchester, MA 01890

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