

Winchester Unitarian Society

Order of Service

Aug 30, 2020

Centering Thought

“I expect to pass through this world but once; any good thing therefore that I can do, or any kindness that I can show to any fellow creature, let me do it now; let me not defer or neglect it, for I shall not pass this way again.”

- Étienne de Grellet du Mabilier (French Quaker Missionary)

<https://tinyurl.com/WUSworship>

Be sure to set your screen to “speaker view” in Zoom (upper right-hand corner of the screen) for best reception of those leading the service.

Real-Time Tech Support with Zoom/Community Usher:

Don Daniel - 310-963-6326 and dgdaniel@gmail.com

Our motto: “Connection, not perfection”

Note: Some elements of this service were pre-recorded to ensure broadcast quality.

Prelude

Meditation No. 11

John Kramer

Artwork by Alaryn Desouza

Community News (In 140 Characters or Less)

Martin Newhouse

Announcements:

- **From Kye and Marianne:** We've been so thankful to have the opportunity to serve WUS this summer. Even as we've held space in the congregation for emotions both difficult and joyous, we've felt held by the arms of this community — even as we've offered space for moments of ritual, listening and reflection, we've been drawn into deeper connection with the sacred in our time with you. You have blessed us time and again with your thoughtfulness and kind curiosity, nurturing one another and nurturing us, your summer ministers. You take your call to shared ministry seriously, and that has created a warm home for us in this community again and again. We will miss your hearts and your insights, and look forward to sending updates on our lives.
 - **Kye:** I'll leave you with this delicious story from Maurice Sendak, which I think will make you chuckle, and which encourages us to dive into what we love, all the way, with wild abandon: *“Once a little boy sent me a charming card with a little drawing on it. I loved it. I answer all my children’s letters — sometimes very hastily — but this one I lingered over. I sent him a card and I drew a picture of a Wild Thing on it. I wrote, ‘Dear Jim: I loved your card.’ Then I got a letter back from his mother and she said, ‘Jim loved your card so much he ate it.’ That to me was one of the highest compliments I’ve ever received. He didn’t care that it was an original Maurice Sendak drawing or anything. He saw it, he loved it, he ate it.”* May we continue to inspire one another, savoring life as it comes, and may it be colorful and delicious.
 - **Marianne:** And I leave you with these fervent words from Clarissa Pinkola Estes, which invite us into a passionate embrace of beauty: *“Some people mistake being loving for being a sap. Quite the contrary, the most loving people are often the most fierce and the most acutely armed for battle... for they care about preserving and protecting poetry, symphonic song, ideas, the elements, creatures, inventions, hopes and dreams, dances and holiness... those goodly endeavors*

that cannot be allowed to perish from this earth, else humanity itself would perish...” May our fierce and beautiful loving be a blessing to ourselves and to all of creation.

- **Greetings from your co-treasurers Sue Kiewra and Judy Murray!** We hope that you and your loved ones are staying healthy and cool this summer season. We wanted to remind you that we’re closing in on the end of our fiscal year on August 31st and are looking to you to remit the balance of your pledge by then. If you have an open balance, we mailed you a statement in early July that we hope you received. It has been a challenging year with worries about everyone’s health, the economy, the job market, race relations, and the environment. Then there’s the matter of paying our bills and our staff! Please let us know if there are circumstances that will prevent you from fulfilling your pledge. Whatever you tell us will be kept confidential and will assist us in making sure we don’t keep sending you reminders. We value your contributions of time, talent and treasure to the Winchester Unitarian Society as we pull together for peace and justice in the world. If you have any questions or comments, please email treasurer@winchesteruu.org or phone the church office at **781-729-0949**. To make a payment, mail a check to the church office at 478 Main St, Winchester 01890 or pay online at <https://www.winchesteruu.org/giving/how-to-give/>. Thank you to all for your donations this year. We’re looking forward to seeing you in person when the time is right.
- **Outdoor Open Office Hours:** As of September 3rd, Rev. Heather is offering outdoor open office hours from noon until 2pm (weather permitting) in the Meditation Garden on Thursdays. Come to say hello, to share something on your heart and mind or to greet other members and friends of WUS. Masks required; distance protocols will be followed. If the weather doesn’t look great, call the office first to confirm that the outdoor office is open for business – 781.729.0949. We will offer outdoor office hours until winter temperatures begin.
- **Next Sunday, September 6th**, we gather for our annual Animal Blessing service, this year, virtually. Since this is an online service, here are a couple of things for you to prepare in advance. We are creating a slideshow of our beloved dead. Please **send in a photo or two to rebecca@winchesteruu.org, no later than September 3rd** if you would like a visual remembrance to be included. In addition, although we will be offering a spoken blessing, the ritual of blessing is conducted by all at the same time in your homes - please have whatever you consider a meaningful or sacred object representing the elements of earth, air, fire and water nearby (perhaps with your candles).
- **Save the Date – We Believe in Dog is Back!** Saturday, September 19th, 10am: We Believe in Dog is a gathering of WUS members and friends – and their dogs – who walk together in the Fells. You don’t need a dog to participate! All participating dogs must be friendly and vaccinated.
 - We next gather on Saturday, September 19th. We will meet at the second of three entrances to the Middlesex Fells on Hillcrest Parkway at 10:00 am and start walking around 10:05. *Our walk will comply with WUS pandemic protocols for outdoor gatherings including a sign-in sheet with a brief symptom survey. Masks – worn properly – are required.*
 - Let Rev. Heather know if you plan to come: heather.janules@winchesteruu.org Please also send your cell number if this is your first walk so we can reach out to you if you are not at the starting point when we are about to begin.
- **WUS Writing Group** Please feel free to come to the WUS Writing Group on every Wednesday from now until September 30th. Meetings will take place over Zoom starting at 9 AM. The exact format and focus of the group will be discussed and determined each week based on how the attendee writers wish to spend the time. No writing experience is necessary – just a desire to write. We look forward to “seeing” you! For more information and the link for the meeting contact Dan [[HERE](#)].

Whole Community Greeting and Good News Roundup Use the “chat” function to greet others in worship and, if you have especially good news, to share it! Our Chat Covenant: we only write things we would say in person in the sanctuary.

Ringing of the Bell *Today we are called back to worship by the ringing of the bells at our Partner Church in Marosvásárhely, Transylvania on Easter morning.*

Opening Words by Rev. Robert French Leavens

Ivan Correia

Chalice Lighting by Rev. Heather Janules

Sheila Rudolph-Correia

If you wish to do so, please read together the words for our chalice lighting and light a chalice at home as we light the chalice.

For the Freedom of Faith

Our prophets died for the freedom of faith;
We are here in their spirit.
We are here to practice and sustain our living tradition;
To light a chalice,
Claiming for justice
The heat and power of fire.
In our free faith,
We are here,
Seeking freedom from despair,
The freedom to be loved as ourselves,
And the freedom to grow beyond imagination.
We are here,
Gathered in the name of all that we find holy.
Let us give thanks for the gift of gathering here.
Amen.

Hymn #1021

Lean on me

Sometimes in our lives we all have pain we all have sorrow
But if we are wise we know that there's always tomorrow.

CHORUS

Lean on me, when you're not strong and I'll be your friend
I'll help you carry on
For it won't be long 'til I'm gonna need
Somebody to lean on
Please swallow your pride if I have things you need to borrow
For no one can fill those of your needs that you won't let show.

CHORUS

If there is a load you have to bear that you can't carry
I'm right up the road I'll share your load if you just call me.

CHORUS

You just call on me brother, when you need a hand
We all need somebody to lean on
I just might have a problem that you'll understand
We all need somebody to lean on

*Attached to this order-of-service is a packet for young children so they may engage in an activity concurrent with the rest of the service.
You may also find these materials here: [\[link\]](#)*

Blessing

May the light within you shine before you, every day, every day.
May the light within you shine before you guide your way, guide your way. May the love we share surround you and chase your fears away.
May the light within you shine before you, this we pray, this we pray.

Community Joys and Sorrows

Kye Flannery

At this time, you may briefly share a personal joy, sorrow or concern and all are invited to bear compassionate witness. If you would like to speak, just write your name in the Chat function and you will be called on and unmuted. When you are done speaking, you are invited to light a candle at home as a sign of what you have shared. There will then be a time to briefly write your joy or sorrow in the chat to be read aloud if you choose to not speak. We will then light one last candle for all that has been shared and all that remains unspoken within our gathered community.

Prayer or Meditation

Silence

Hymn #1008

When Our Heart is in a Holy Place

CHORUS:

When our heart is in a holy place, (2x)
We are blessed with love and amazing grace,
When our heart is in a holy place.

Verse 1: When we trust the wisdom in each of us,
Every color every creed and kind.
And we see our faces in each other's eyes,
Then our heart is in a holy place.

CHORUS

Verse 2: When we tell our story from deep inside,
And we listen with a loving mind,
And we hear our voices in each other's words,
Then our heart is in a holy place.

CHORUS

Verse 3: When we share the silence of sacred space,
And the God of our Heart stirs within,
And we feel the power of each other's faith,
Then our heart is in a holy place.

CHORUS

Reflection*The "Sweet Spot" of a Spiritual Community*

Ivan Correia

Offering

Martin Newhouse

The offering is a spiritual practice, a public commitment to this community's values of welcome, inclusion, religious freedom and service. Thank you for generosity of substance and spirit!

You may donate through Give+ [[link to app tutorial](#)] PayPal [[link](#)] or by mailing a check to WUS, 478 Main Street, Winchester, MA 01890. Please write or type "August 30, 2020 Offering" in the memo line or comment field.

Our practice is to invite first-time worship attendees to be our guests. In lieu of a contribution, please complete the Virtual Visitor Card: <https://tinyurl.com/WUSVirVisCard> so we can stay connected beyond this Sunday.

Offertory*Who you say I am*

Hillsong Worship

Vocals: Joshua Correia (piano), Jessica Williams, Kyle Patrick
Production: Matthew Williams and Kyle Patrick

Affirmation of Shared Ministry

Martin Newhouse

Those who wish to do so are invited to join in reading together the community affirmation:

We gather not for ourselves alone, but to use our common power to build the Beloved Community within and beyond these walls.

We create and reaffirm this covenant this day - to make justice flourish, to practice compassion amidst difference and to embody transformative love.

Hymn #1002*Comfort Me*

Comfort me, comfort me, comfort me oh my soul. (2x)
Sing with me...
Speak for me...
Dance with me...
Comfort me...

Benediction

adapted from Rev. Theresa Novek

Ivan Correia

Postlude*Oceans*

Hillsong Worship

Vocals: Joshua Correia (piano), Jessica Williams, Kyle Patrick
Production: Matthew Williams and Kyle Patrick

Extinguishing the Chalice

Lee Barton

Please join us in reading together the words for extinguishing our chalice:

We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.

Stay on to join us for Coffee Hour and a Chat!

Questions for Reflection

Willing to share your thoughts or experiences on neural diversity?
Do you know of friends or family that thrive with autism, OCD, narcolepsy?
Grace - is it nature or divine in source (does it matter)?
Christian UU - is that really an outlier?

Serving Today

Real-Time Teach Support with Zoom/Community Usher:
Don Daniel - 310-963-6326 and dgdaniel@gmail.com

Pastoral Care Associate On-Call This Week: Donna Reed 781-626-1785 please call & text
Special thanks to **Griffin Correia** for help with video editing
and **Don Daniel** for serving as Video Coordinator

*This is a Welcoming Congregation, intentionally welcoming
and affirming of gay, lesbian, bisexual and transgender people.*

*Each worship service includes wisdom or an artistic
gift from people or communities-of-color.*

Good morning families and friends,

A note to adults. The first page is for you, so that you may have context for the service and contents of this packet. Following that there are some suggestions for other things to do/try as a family over the week as well as today, then pages for meditative coloring and a couple of activities.

Today's Worship Service asks the question of all of us, What is a church? What is a Congregation? The Covid-19 pandemic has turned everything upside down. We are now making connections through virtual church "vurch" and ask ourselves – how do we express and live out our Unitarian Universalist faith when we are apart? In this week's packet, I offer a refresher on our Unitarian Universalist 7 Principles with a coloring page for each. Please encourage your children (with some help as necessary) to send photos of them to me, to collage for publication in our next Mystic Messenger.

As we contemplate ways to engage the religious, spiritual, social and activist expressions of our faith, without meeting in person, it's a great time to contemplate your own sacred space at home and how you bring that alive with your family.

This is the last week of suggestions for sacred space ideas in your household. You have been invited to find a home for your chalice, cover it with something decorative and place your chalice/candle on it, find a chime or bell to use, a giving bowl for sharing your abundance, symbols, spiritual and religious, representations of your family and something(s) from nature.

This month's last suggested addition to your sacred space – a picture of our Congregation's building. It can be a photo of the front door we all go in, or the flags we fly along the parkway. It can be a photograph that you go to Winchester Unitarian Society to take, or one that children and other family members draw from memory. As we remain physically apart, it's important to remember the place where we first came together and the place where we will one day return to – safely – to gather once again. It's also an important part of family lore – the faith tradition of which we are a part. During the worship service this morning, feel free to invite your children to create their drawn memories of Winchester Unitarian Society.

Before This Morning's Worship: You will need your chalice, other candles for kindling the light, these pages, blank paper things to color/draw with, scissors for cutting out the principle numbers (If you wish)

Encourage your children to come closer to the screen for First Reflections and have some manipulatives and the materials attached for them to engage with during worship. If your children are very young, sensory play containers* are a great preschool activity. Kids come in and out of worship, but even if they seem inattentive or bounce in and out of the room, they are picking up messages. *Let Rebecca@winchesteruu.org know if you need ideas on how to DIY sensory play

You may wish to use the settling in and chalice lighting rituals we use in Family Worship and Religious Education sessions. They may be helpful as your family gets ready for our Zoom worship services or for any family worship you wish to create in your own sacred space. You can also begin to add your own rituals. Just lighting a candle and taking a moment of quiet. It can be a time to give space for things going on in the world, or in your home. In my home we pause before a lit candle to remember the many who have died from the Covid 19 illness. Your older kids can probably lead the familiar rituals from our time at WUS, since many of them have. These are linked below for reference.

<https://docs.google.com/document/d/16eq9h9bnOJAssE8U21wDcj4IjPZkyD-iW96UShQgdmw/edit?usp=sharing>

What shall we do with our summer ahead? Perhaps you would like to dedicate one day of each week to explore one of our Unitarian Universalist 7 Principles. 7 Days in a week? 7 Principles? Perfect!

SUNDAY Our 1st Principle Each person is important.

Whether it's taking time to help out a neighbor who can't leave their house, or provide greetings to those who might not otherwise receive them, or working hard to help our family members, in these days of social distancing, we purposefully seek out new ways to help our community. We do this because we believe that everyone is important. How can you help other people today and other days? Make a list and see if you can do something from it every Sunday.

MONDAY Our 2nd Principle Be just and kind in all you do.

It's important to speak up for yourself, and it can be important to speak up for other people. How can you be fair to others and to yourself? How can you be kind and honest at the same time? Before you say something, ask yourself "Is this true?" "Is it kind" "do I need to say it?"

TUESDAY Our 3rd Principle Learn Together.

How can we learn from and with each other? Can your family try a new recipe? Learn a new game? What would YOU like to learn about? Ask others what they can teach you. Offer to teach something to them. An origami fold, a magic trick, how to cartwheel. You choose.

WEDNESDAY Our 4th Principle Search for what is true.

There are many ways to search for truth. Do you ever get a feeling in the pit of your stomach? It's telling you something. Maybe what is true for you, is not true for someone else. It is true for me that macaroni and cheese is the BEST meal ever, but pizza is BORING. Is that your truth? It's okay if it isn't. What other things do you find when searching for truth?

THURSDAY Our 5th Principle All people need a voice.

It is an important part of being a Unitarian Universalist to let people make decisions for themselves, whether it's the congregation, the country, or our own families. Try voting on something in your family, or on Zoom, or with friends. If there is a difference of opinion, can you find a in between – a compromise? Learn about all the reasons the adults in your life vote.

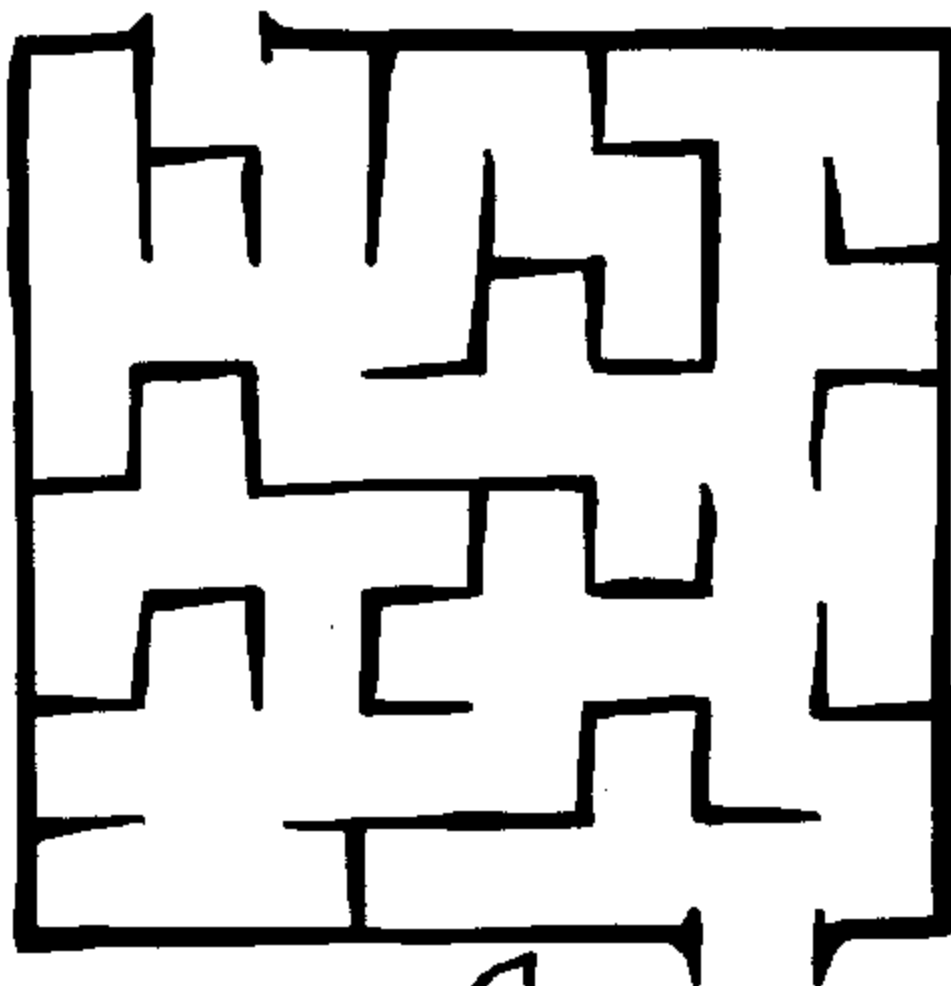
FRIDAY Our 6th Principle Build a fair and peaceful world.

The world is fair when everyone has enough – shelter, food, education, etc. It is also more peaceful when all people, everywhere, have enough. How much is enough? How many shoes can you wear at once? Think of ways that you can share what you have. Think of ways that you can bring peace to wherever you are.

SATURDAY Our 7th Principle Respect the Earth, our home.

Learn about the part of Earth we live on. Each day is a day to explore and tend our part of Earth. Look carefully at the plants, pick up trash (take bags and gloves), close your eyes and listen to the birds and other sounds, and smell the smells. What do you notice? What do you hear? What do you smell? What has changed since the last time you did this?

Start



Coloring-Page.net





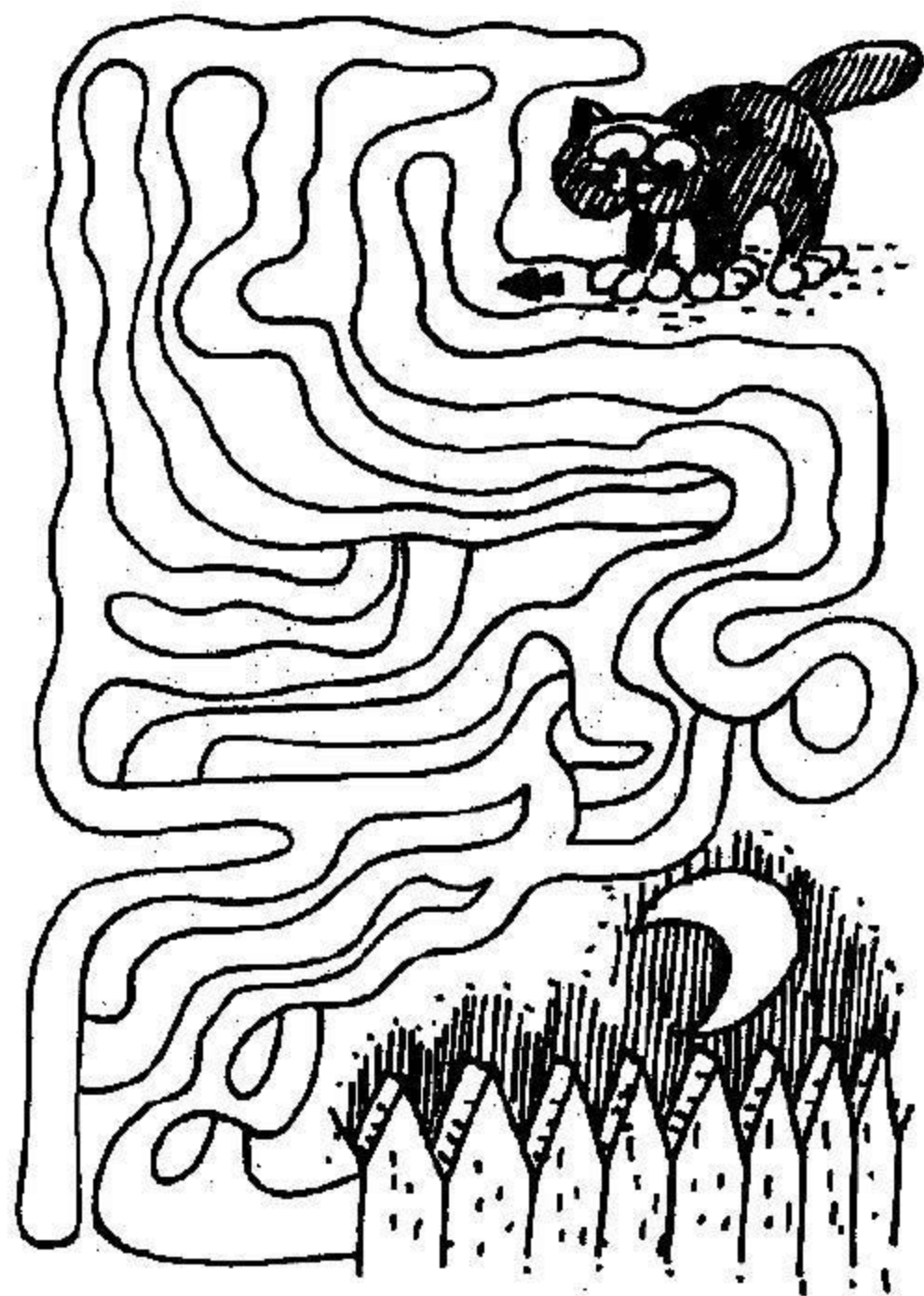
Yearn ^{TO} Learn

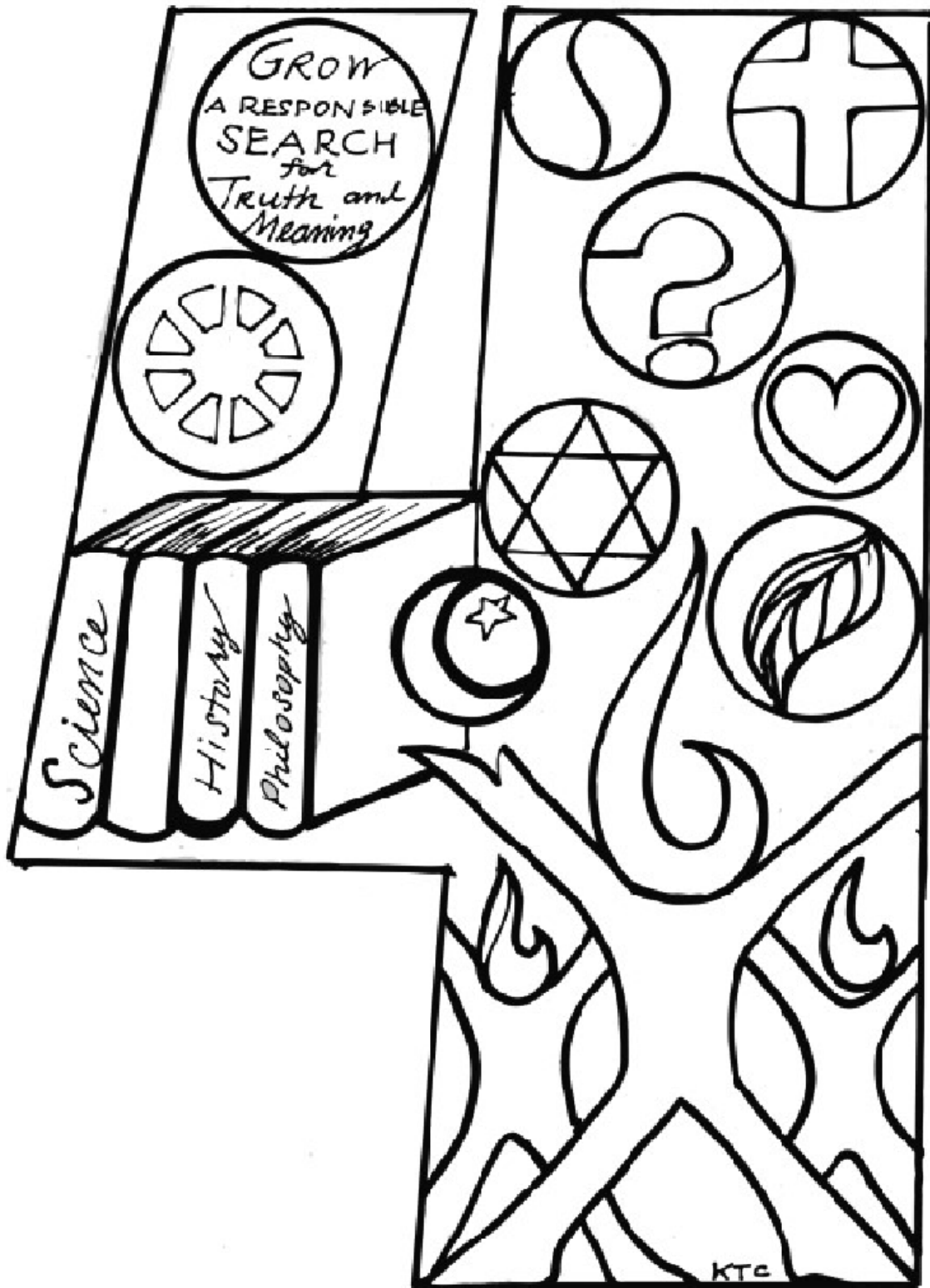


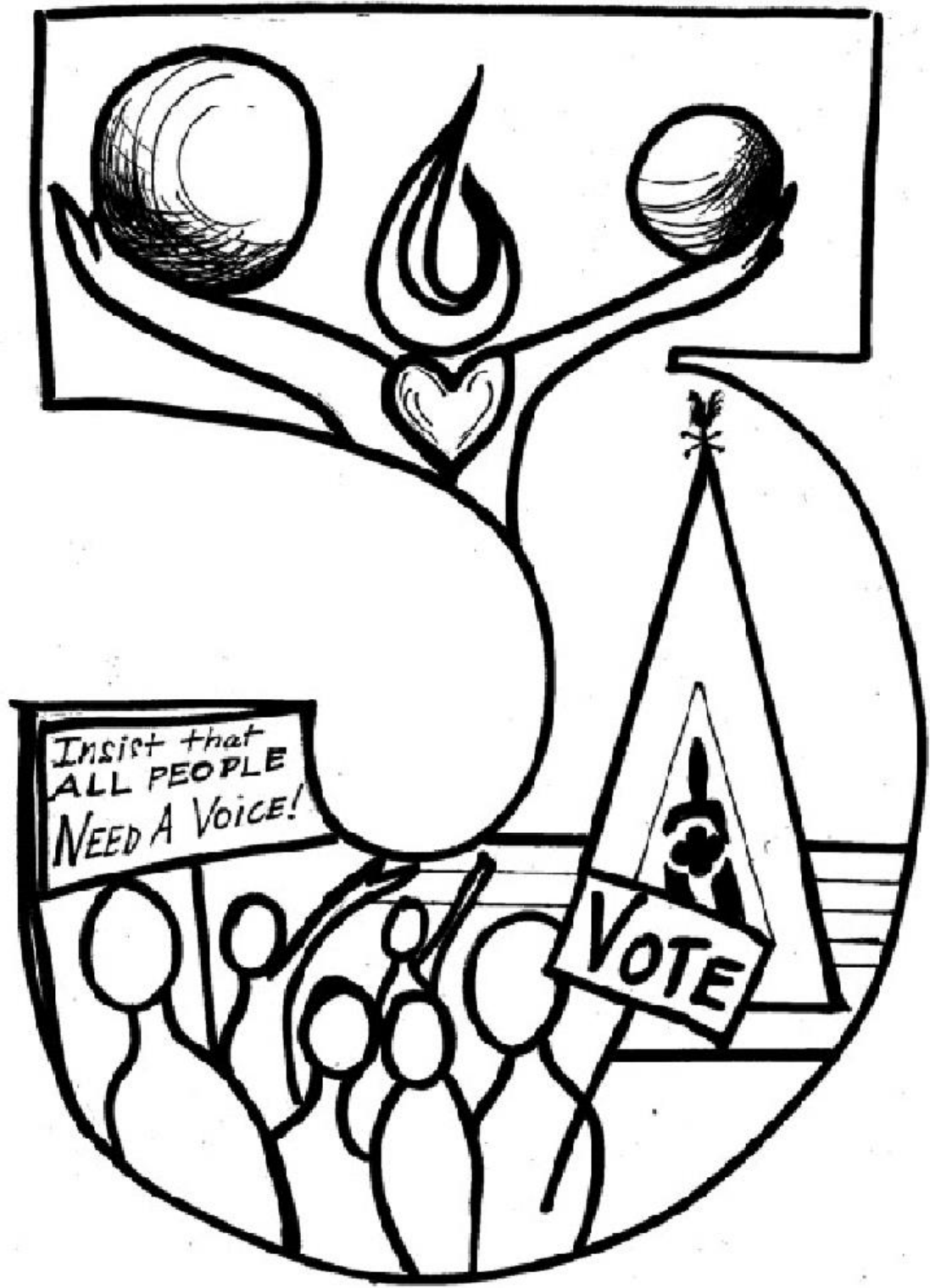
AND

Accept One Another

Help the cat find the fence.









Unscramble the Words

ROSFET

DAHES

SMAIANL

AVEESL

TREBCAELE

PTALN

AODHYLI

IRTENNNVOME

CROAN

HELERST

OPINNECE

RUUTEF

DRBIS

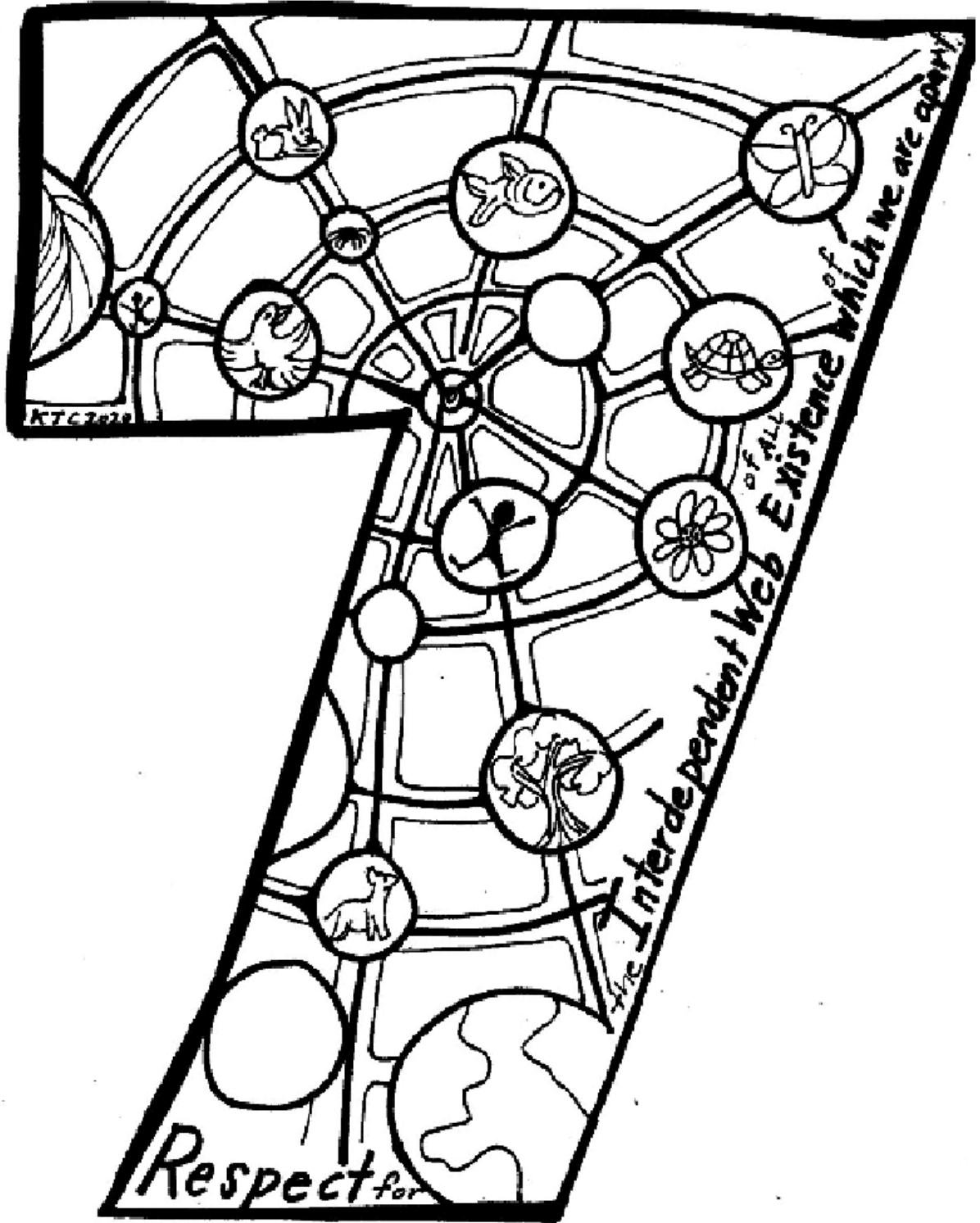
WROG

DLWFEILI

DRAYBORA

THATBIA





Respect for

The Interdependent Web of ALL Existence which we are a part of

K76701

7 Principles Words

W	T	L	K	I	N	D	N	E	S	S	E	E	A
E	O	B	R	V	O	T	E	E	D	L	V	O	F
B	E	P	R	C	L	U	F	E	C	A	E	P	C
H	C	T	P	E	C	C	A	I	E	W	R	D	L
E	R	E	H	T	E	G	O	T	L	T	Y	C	E
E	A	L	L	L	C	E	E	I	E	S	O	T	L
R	C	I	R	E	C	H	A	T	E	I	N	D	T
I	T	S	L	I	F	E	T	S	N	S	E	S	C
A	O	H	A	O	V	A	T	R	L	N	C	H	E
F	H	L	P	E	E	C	D	S	A	I	E	O	P
O	I	E	E	C	F	L	G	E	R	E	E	O	S
F	N	A	O	A	R	N	P	T	C	T	P	E	E
O	L	R	V	O	D	T	S	A	N	P	F	O	R
E	T	N	W	C	I	S	A	A	N	N	S	E	E

INSIST
 EARTH
 ALL
 PEACEFUL
 VOTE
 WORLD
 ACCEPT
 TOGETHER
 RESPECT
 LIFE
 EVERYONE
 LEARN
 FAIR
 WEB
 KINDNESS

Play this puzzle online at : <https://thewordsearch.com/puzzle/1202932/>

Can You Find all the words? What Principle Numbers do you think they belong with?

Everyone is Important, Right?

H	Y	G	L	A	U	Q	E	K	C	R	A	M	T
R	R	R	Y	E	N	Y	T	T	M	S	O	A	C
O	E	T	I	T	R	I	A	O	I	W	Q	T	A
G	H	E	A	G	T	U	I	G	I	G	I	T	R
T	Y	T	D	E	H	T	O	E	R	E	E	E	I
V	D	H	U	L	Y	T	M	T	E	R	R	R	N
M	D	I	H	H	O	R	S	H	T	T	A	D	G
O	V	G	Y	N	W	V	A	E	T	N	W	O	T
T	Q	I	O	T	V	I	E	R	W	O	R	T	H
U	L	V	U	D	N	I	K	I	Y	T	D	W	D
O	T	U	D	I	R	R	H	G	Y	M	E	N	R
O	Y	H	S	T	N	A	T	R	O	P	M	I	E
T	I	G	Y	M	N	A	E	O	T	N	E	O	H
H	D	I	I	D	I	G	N	I	T	Y	L	G	O

KIND
LOVE
IMPORTANT
TOGETHER
CARING
YOU
RIGHTS
DIGNITY
WORTH
MATTER
EQUAL

Play this puzzle online at : <https://thewordsearch.com/puzzle/1262384/>

social justice concepts

E	P	L	S	I	A	N	S	I	E	E	L	L	L
U	C	A	F	S	R	E	P	L	E	H	E	E	R
G	L	U	A	R	E	B	I	L	I	K	C	A	I
N	N	Q	I	U	I	G	N	E	N	I	E	R	G
G	E	E	R	T	D	D	S	C	L	N	I	N	H
L	U	N	I	T	E	D	I	A	I	D	E	I	T
I	R	A	C	I	S	M	I	E	S	A	E	N	S
S	U	I	E	P	D	G	I	P	E	A	T	G	S
T	H	R	E	Q	G	N	I	Y	L	L	U	B	R
E	D	I	S	C	R	I	M	I	N	A	T	E	N
N	E	H	T	S	U	J	N	U	E	C	S	T	I
I	U	I	F	S	E	C	A	R	I	N	G	L	R
N	I	H	J	L	O	V	E	L	L	E	C	D	G
G	V	L	T	N	E	Q	U	A	L	I	T	Y	P

- LEARNING
- BULLYING
- RACISM
- PEACE
- FAIR
- CARING
- EQUAL
- RIGHTS
- LISTENING
- DISCRIMINATE
- UNJUST
- HELPERS
- LOVE
- KIND
- UNITED
- EQUALITY

Play this puzzle online at : <https://thewordsearch.com/puzzle/1224874/>

When we build a fair and peaceful world, what are the words we think about?