#### Winchester Unitarian Society Order of Service

May 31, 2020

## **Centering Thought**

"What has happened to our ability to dwell in the unknowing, to live inside a question and coexist with the tensions of uncertainty? Where is our willingness to incubate pain and let it birth something new? What has happened to patient unfolding, to endurance? These things are what form the ground of waiting." – Sue Monk Kidd

## https://tinyurl.com/WUSworship

Be sure to set your screen to "speaker view" in Zoom (upper right-hand corner of the screen) for best reception of those leading the service. Worship Service Real-Time Tech Support with Zoom/Community Usher: Judy – 339.222.0087 Our motto: "Connection, not perfection"

Note: Some elements of this service were pre-recorded to ensure broadcast quality.

**Gathering Music** 

John Kramer

Stephen Perepeluk

Community News (In 140 Characters or Less)

Whole Community Greeting and Good News Roundup Use the "chat" function to greet others in worship and, if you have especially good news, to share it!. Our Chat Covenant: we only write things we would say in person in the sanctuary.

#### Announcements:

• Following the worship service on Sunday, May 31, 2020 the Annual Meeting will be held via Zoom. This will be an abbreviated version of the traditional Annual Meeting to handle the most important articles and postpone completion of additional articles at a Special Meeting to be scheduled on or before September 30, 2020, or as soon thereafter as is safe and practicable. Please read the documents that are linked below prior to the Annual Meeting. Thank you.

<u>WUS Annual Report 2020</u> Warrant for 153rd WUS Annual Meeting <u>WUS Slate for Annual Meeting 2020</u> <u>Co-Treasurers' Report</u>

- Being Prepared in the Time of COVID-19: End-of-Life Planning Workshop / Saturday, June 6th, 9:30-11:30 AM FREE; to be held via Zoom / Any time is a good time to consider what medical procedures you would choose during a health crisis when you cannot communicate and to "get your affairs in order." The current pandemic, posing unique medical challenges to some patients, makes the need to consider these questions and raise tender issues with your loved ones even greater. Your PCA Team will offer a workshop, outlining the questions to consider and how to legally communicate your wishes, in an open and supportive format.
   REGISTRATION IS REQUIRED and there is light homework to complete before we gather. To register, please click here: <a href="https://tinyurl.com/WUSEOLReg">https://tinyurl.com/WUSEOLReg</a>
- WUSYG Presents **"Take Me Home," an all-church event & fundraiser after the service on** June 7th. Everyone is encouraged to "bring a dish" that reminds you of "home," to enjoy from

our homes, together! Just like our after-church potlucks, except you'll be put in breakout rooms to eat and chat with each other, interspersed with musical performances and stories, plus opportunities to support both local COVID Relief Funds and the Winchester Unitarian Society (a 2nd home for many of us!)

- Flower Selfies: June 14<sup>th</sup> we will celebrate a virtual Flower Communion. This ceremony symbolizes the beauty we find in community and diversity. We need you to make this service possible! Prepare by taking a photo of yourself or your family with a flower or two and send it to Rev. Heather by June 7<sup>th</sup>: heather.janules@winchesteruu.org
- UUA General Assembly Represent WUS as a Delegate! A virtual General Assembly will take place June 24-28 this year. The Standing Committee is offering free registration for our five allotted delegates. Fortunately, we have two members that have already expressed interest. If you are currently a member of our congregation and would like to benefit from this transformative experience there is only one stipulation: Your involvement is needed on our Denominational Affairs Committee. This is a two year commitment and we hardily invite your participation. Please contact Betsy Bowles if you are interested (617) 584-6477; bebowles13@gmail.com
- Informational Webinars to learn about this year's virtual General Assembly. At this year's full virtual General Assembly (GA), we will explore the power, possibility, purpose, struggle, and joy of finding the path forward together as Unitarian Universalists. During this time of rapid change, the collective practice of our faith evolves and adapts to follow that path. Whether you're a first-time delegate or a long-time attendee, please join us at a pre-GA webinar to learn about some of these changes. Members of the Board of Trustees will provide an overview of some of the changes, along with information for delegates regarding the business sessions. Registration is required for these webinars. Follow this link for more info.
- Annual Review Input Welcome!: We are beginning the annual review process for our leading program and administrative staff Rebecca Kelley-Morgan, John Kramer, Sam Wilson and Thomas Slack. We welcome input from the congregation. As part of our usual practice, we will not include anonymous feedback. Please send your thoughts to Rev. Heather at <a href="heather.janules@winchesteruu.org">heather.janules@winchesteruu.org</a> by May 28th by responding to these questions: How has WUS best served its mission in the past year? How has [the staff person] contributed to these successes? How could WUS have better served its mission? Do you have any suggestions for [the staff person's] programmatic or professional growth?
- Story Time: We are building a library of stories for all ages online so that families can access them at their convenience. We also would like to have a diversity of storytellers as well. Please contact <u>Rebecca@winchesteruu.org</u> for details.
- Summer Service Assistance Needed Things are falling into place for our summer worship services. However, the on-line format warrants different kinds of volunteers than usual. We are looking for:
  - Video Editors: Each recording benefits from a little lighting adjustment, re-centering or trimming on the ends to cut out the eternal question "Is this on?" As summer services will continue to include a mix of live and recorded elements, we are looking for people to "clean up" videos in advance. There is a free, easy-to-use video editing program that makes this possible.
  - Video Coordinators: Prep videos for use in a given service then screen share, press "play" and "stop" at the right time. That's it! Coordinators will need to participate in a rehearsal before worship.
  - Tech Support: We have four members who have been assisting people with the Zoom program but can always use more. Many of us are growing in Zoom fluency! If you are fluent enough to help another along the way, nimble enough to eject any

"zoombombers" who decide to parachute into the service and attentive enough to track logon "attendance" we would love to add you to the list. If interested, contact Rev. Heather at <u>heather.janules@winchesteruu.org</u>

**Ringing of the Bell Ringing of the Bell** Today we are called back to worship by the ringing of the bells at our Partner Church in Marosvásárhely, Transylvania on Easter morning.

#### **Opening Words**

by Marni Harmony (Abridged)

the Rev. Heather Janules

#### **Chalice Lighting**

Maureen Killoran

If you wish to do so, please read together the words for our chalice lighting and light a chalice at home as we light the chalice.

In these hard times, let us look first to the response of love. In the midst of challenge, may our chalice flame bear witness To the inherent worth and dignity of every human being. In the midst of uncertainty, May our chalice be a beacon of encouragement, That our values may guide our choices. Let us look first to the response of love.

#### Hymn

#### Hymn to the Pandemic

1.Here we have gathered on the internetWhile we live through a time we won't forget.We see each other's faces side by sideAnd get to show the rooms where we reside.Sing now together while we zoom, zoom, zoom.

2. Here we have gathered though in quarantineTrying our best to keep our hands cleanWe must avoid all kinds of visitingAnd still will practice social distancingSing this together while we zoom, zoom, zoom.

 We're working hard to build community 'til the day we reach herd immunity Caring for those in sickness and in pain Waiting for the time when we feel free again. Sing now together as we Zoom, Zoom, Zoom.

#### **First Reflection**

Still a Family

Rebecca Kelley-Morgan

Attached to this order-of-service is a packet for young children so they may engage in an activity concurrent with the rest of the service. You may also find these materials here: [link]

#### Blessing

May the light within you shine before you, everyday, everyday. May the light within you shine before you guide your way, guide your way. May the love we share surround you and chase your fears away. May the light within you shine before you, this we pray, this we pray.

Meditation"The Church Visible and Invisible,"printed in The Friendly Outlook, the publication of the Ladies' Friendly Society in 1898Heath

Kindling of the LightJuneYou are invited to now light a candle of joy, sorrow or concern.

#### Silence

#### Hymn #83

Winds Be Still

1 Winds be still. Storm clouds pass and silence come. Peace grace this time with harmony. Fly, bird of hope, and shine, light of love, and in calm let all find tranquility.

2 Bird fly high. Lift our gaze toward distant view. Help us to sense life's mystery. Fly high and far, and lead us each to see how we move through the winds of eternity.

3 Light shine in. Luminate our inward view.Help us to see with clarity.Shine bright and true so we may join our songs in new sounds that become full symphony.

**Reading** From "Unitarian Universalist Congregations and the Influenza Pandemic of 1918-1919"

by Susan Ritchie (Abridged)

(To view the whole video at a later time, visit: <u>https://www.harvardsquarelibrary.org/cambridge-harvard/unitarian-universalist-congregations-and-the-influenza-pandemic-of-1918-1919/</u>)

#### Second Reflection

Virtual Realities and Essential Ministries: What Makes a Congregation? Heather Janules

#### Offering

This morning, we share our gifts with **Anna's Fund of the Winchester Farmers Market**. Named after long-time volunteer Anna LaViolette, this fund doubles SNAP benefits up to \$10 per customer card, per market day.

You may donate through Give+ [<u>link to app tutorial</u>] PayPal [<u>link</u>] or by mailing a check to WUS, 478 Main Street, Winchester, MA 01890. Please write or type "May 31st Offering" in the memo line or comment field.

Our practice is to invite first-time worship attendees to be our guests. In lieu of a contribution, please complete the Virtual Visitor Card: <u>https://tinyurl.com/WUSVirVisCard</u> so we can stay connected beyond this Sunday.

Offertory

Heather Janules

Pytor Tchaikovsky

**Affirmation of Shared Ministry** Those who wish to do so are invited to join in reading together the community affirmation:

We gather not for ourselves alone, but to use our common power to build the Beloved Community within and beyond these walls.

We create and reaffirm this covenant this day - to make justice flourish, to practice compassion amidst difference and to embody transformative love.

#### Hymn # 1021

Lean On Me

Sometimes in our lives we all have pain we all have sorrow But if we are wise we know that there's always tomorrow.

#### CHORUS

Lean on me, when you're not strong and I'll be your friend I'll help you carry on For it won't be long 'til I'm gonna need Somebody to lean on

Please swallow your pride if I have things you need to borrow For no one can fill those of your needs that you won't let show.

#### CHORUS

If there is a load you have to bear that you can't carry I'm right up the road I'll share your load if you just call me.

#### CHORUS

You just call on me brother, when you need a hand We all need somebody to lean on I just might have a problem that you'll understand We all need somebody to lean on

Benediction	by Eileen Karpeles
Postlude	Togetherness

Extinguishing the Chalice Please join us in reading together the words for extinguishing our chalice:

We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.

Jimmy Heath

#### Join the Chat!

#### **Questions for Reflection**

What experiences make you feel part of a meaningful relationship or a community? How have you found ways to socially connect during this time of "compassionate spacing?"

Which leadership opinions are the most important to you in your pandemic decision-making: Government? Science? Religious? Business?

How can WUS best continue to serve its mission in this time while practicing our value of inclusion and respect for difference?

#### **Music Notes:**

I am well aware that it is still May, but the longing quality of Tchaikovsky's ode to June (which begins tomorrow) felt right for this morning's service. ♦ One of the silver linings of our current situation is that it has allowed many of our members who have moved to reconnect with us as our services are on-line. Several choir relocated choir members have sung in the virtual choir and this morning we are delighted to have Chris Russian play the flute for the Offertory. Chris now lives in North Conway, NH, but through the magic of the internet, we were able to record this duet together. ♦ As we celebrate being together, we close with the tune by jazz saxophonist and composer Jimmy Heath, who passed away at the age of 93 this past January.

#### Serving Today

Worship Service Real-Time Tech Support with Zoom/Community Usher: Judy – 339.222.0087 Annual Meeting Real-Time Tech Support with Zoom/Community Usher: Tyson Kamikawa – 781.460.8467

Pastoral Care Associate: Carol Delaney - 781.507.3366

Special thanks to John Kramer for serving as Video Coordinator

This is a Welcoming Congregation, intentionally welcoming and affirming of gay, lesbian, bisexual and transgender people.

Each worship service includes wisdom or an artistic gift from people or communities-of-color.

#### Good morning families and friends,

A note to adults. The first page is for you, so that you may have context for the service and contents of this packet. Following that there some suggestions for other things to do/try as a family over the week as well as today, then pages for meditative coloring and a couple of activities.

Today's Worship Service asks the question of all of us, What is a church? What is a Congregation? The Covid-19 pandemic has turned everything upside down. We are now making connections through virtual church "vurch" and ask ourselves – how do we express and live out our Unitarian Universalist faith when we are apart? In this week's packet, I offer a refresher on our Unitarian Universalist 7 Principles with a coloring page for each. Please encourage your children (with some help as necessary) to send photos of them to me, to collage for publication in our next Mystic Messenger.

As we contemplate ways to engage the religious, spiritual, social and activist expressions of our faith, without meeting in person, it's a great time to contemplate your own sacred space at home and how you bring that alive with your family.

This is the last week of suggestions for sacred space ideas in your household. You have been invited to find a home for your chalice, cover it with something decorative and place your chalice/candle on it, find a chime or bell to use, a giving bowl for sharing your abundance, symbols, spiritual and religious, representations of your family and something(s) from nature.

This month's last suggested addition to your sacred space – a picture of our Congregation's building. It can be a photo of the front door we all go in, or the flags we fly along the parkway. It can be a photograph that you go to Winchester Unitarian Society to take, or one that children and other family members draw from memory. As we remain physically apart, it's important to remember the place where we first came together and the place where we will one day return to – safely – to gather once again. It's also an important part of family lore – the faith tradition of which we are a part. During the worship service this morning, feel free to invite your children to create their drawn memories of Winchester Unitarian Society.

Before This Morning's Worship: You will need your chalice, other candles for kindling the light, these pages, blank paper things to color/draw with, scissors for cutting out the principle numbers (If you wish)
Encourage your children to come closer to the screen for First Reflections and have some manipulatives and the materials attached for them to engage with during worship. If your children are very young, sensory play containers\* are a great preschool activity. Kids come in and out of worship, but even if they seem inattentive or bounce in and out of the room, they are picking up messages. \*Let Rebecca@winchesteruu.org know if you need ideas on how to DIY sensory play
You may wish to use the settling in and chalice lighting rituals we use in Family Worship and Religious Education sessions. They may helpful as your family gets ready for our Zoom worship services or for any family worship you wish to create in your own sacred space. You can also begin to add your own rituals.

world, or in your home. In my home we pause before a lit candle to remember the many who have died from the Covid 19 illness. Your older kids can probably lead the familiar rituals from our time at WUS, since many of them have. These are linked below for reference.

https://docs.google.com/document/d/16eq9h9bnOJAssE8U21wDcj4IjPZkyDiW96UShQgdmw/edit?usp=sharing What shall we do with our week ahead? It's the very last day of MAY and the first (almost week) of JUNE! Here are some things you and your family might try this week to explore our Unitarian Universalist 7

Principles

## Today, May 31<sup>st</sup> Our 1<sup>st</sup> Principle Each person is important.

Whether it's taking time to help out a neighbor who can't leave their house, or provide greetings to those who might not otherwise receive them, or working hard to help our family members, in these days of social distancing, we purposefully seek out new ways to help our community. We do this because we believe that everyone is important. How can you help other people today and other days? Make a list and refer to it often.

## Monday June 1<sup>st</sup> Our 2<sup>nd</sup> Principle Be just and kind in all you do.

We've been waiting for things to get back to "normal". And it's been very hard. But this can also be a time to think about what kind of a person we want to be. About what kind of a family we want to be. Think about the qualities you want to "grow" in the garden of your life. How can you do more good and seek more justice in the days and months ahead

## Tuesday June 2<sup>nd</sup> Our 3<sup>rd</sup> Principle Learn Together.

Today, learn about **National Rocky Road (Ice Cream) Day\*.** As Unitarian Universalists, we probably all like different kinds of ice cream. The important thing is that in our congregation, we all support and learn from one another in our individual choices and beliefs. Draw or take a picture of our Congregation's building to remember we are always learning together. But first celebrate with some ice cream. (You may have to jump ahead to principle 5 to decide on what flavor you will share) \*Concocted in 1929, it was named Rocky Road to give people a reason to smile during the Great Depression.

## Wednesday June 3<sup>rd</sup> Our 4th. Principle Search for what is true.

We can learn history and facts, and sometimes it's how we feel that tells us what is true. Do you ever get a feeling in the pit of your stomach? It's telling you something. What kind of treasures do you find when searching for truth? Make a treasure hunt map to something "true" for your family and have the adults find the treasure by using the map. Pro tip – it could be a place in your house or yard, an item that's important, or a photo or?

## Thursday June 4<sup>th</sup> Our 5<sup>t</sup>. Principle All people need a voice.

It is an important part of being a Unitarian Universalist to let people make decisions for themselves, whether it's the congregation, the country, or our own families. Try voting on something in your family. If there is a difference of opinion, can you find a in between – a compromise? It's also national **"Hug a Cat Day"**, but only if the cat agrees – they have a vote too!

## Friday June 5<sup>th</sup> Our 6<sup>th</sup> Principle Build a fair and peaceful world.

The world is fair when everyone has enough – shelter, food, education, etc. It is also more peaceful when all people, everywhere, have enough. And for all that to happen, our world's environment must be protected. Today, on the United Nations World Environment Day, learn about this year's theme biodiversity at the Museum of Natural History. <u>MuseumofNaturalhistory</u>

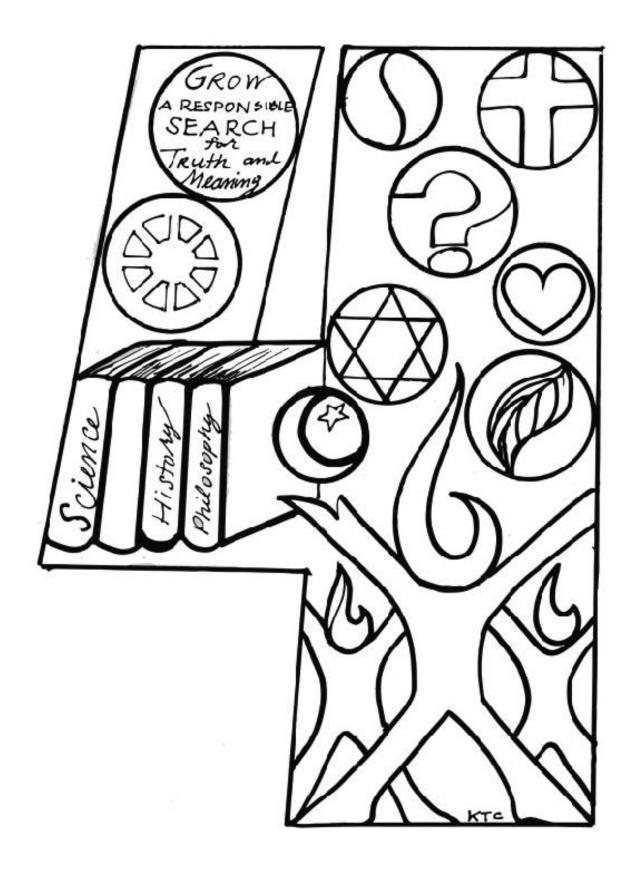
## Saturday June 6<sup>th</sup> Our 7th Principle Respect the Earth, our home.

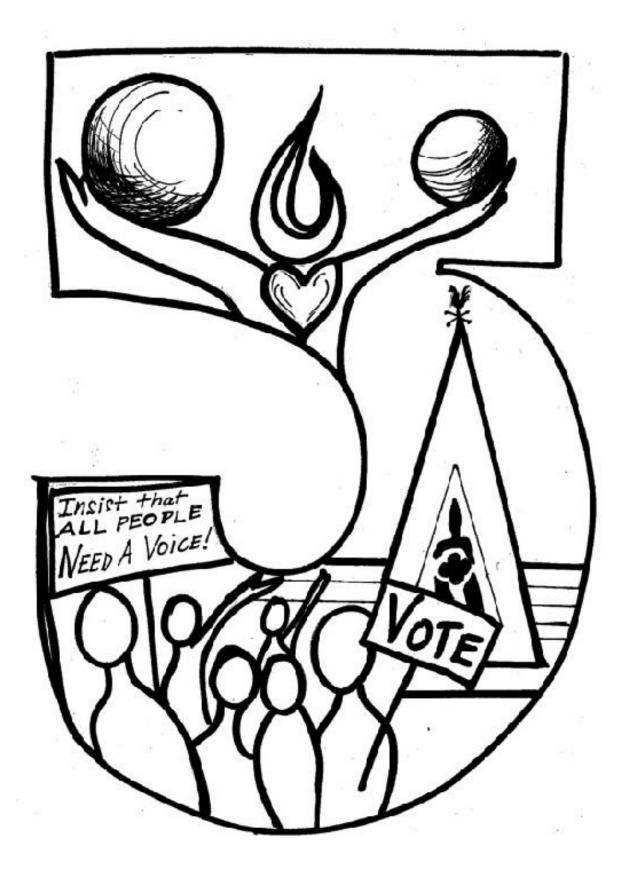
Learn about the part of Earth we live on. Today is National Take a Hike Day, and if the weather allows, find a place to hike as a family. Look carefully at the plants, pick up trash (take bags and gloves), close your eyes and listen to the birds and other sounds, and smell the smells. What do you notice? What do you hear? What do you smell?



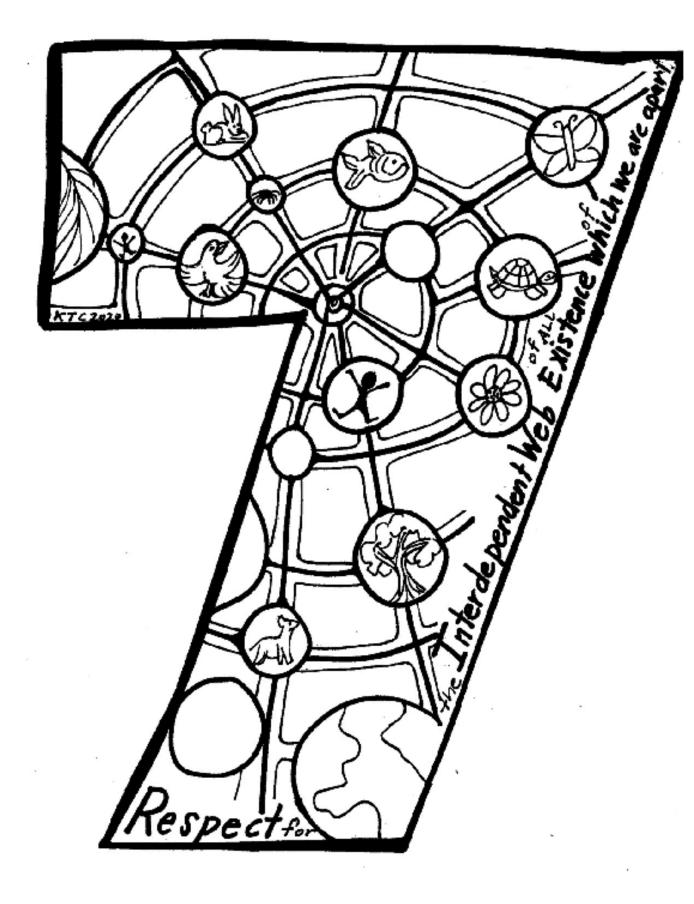




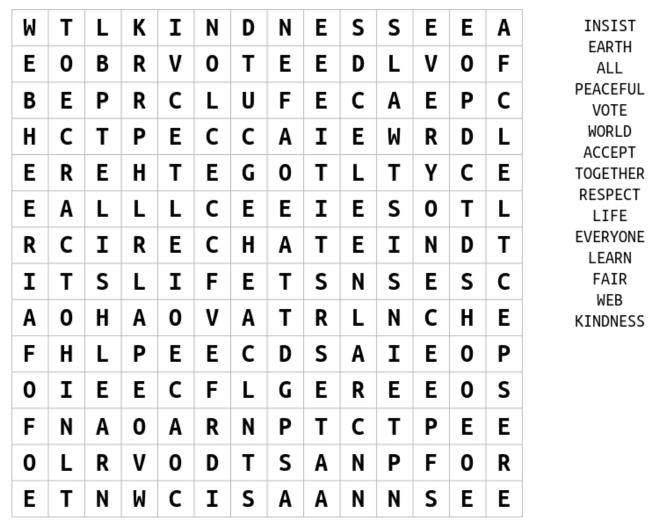








# 7 Principles Words

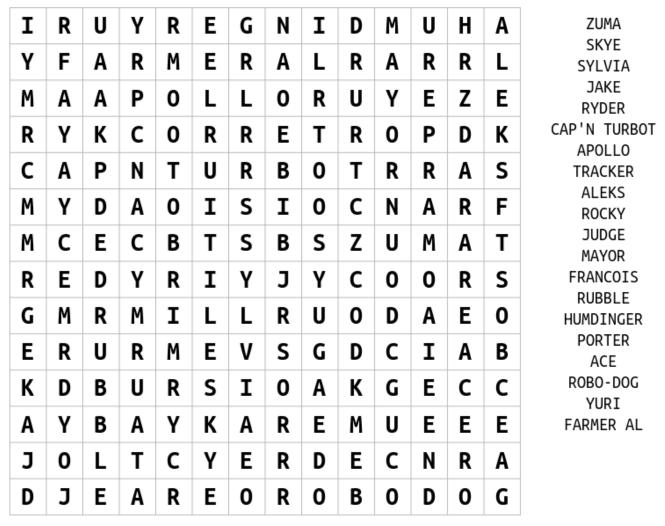


Play this puzzle online at : https://thewordsearch.com/puzzle/1202932/

Can You Find all the words? What Number do you think they belong with?

And for all of our Paw Patrol friends, go to the next page, just for fun!

## Paw Patrol



Play this puzzle online at : https://thewordsearch.com/puzzle/37697/