Winchester Unitarian Society Order of Service March 22, 2020

Centering Thought

"Religion is like a map. The route isn't important.

It's the destination that matters." - Marianne Williamson

https://tinyurl.com/WUSworship Real-Time Tech Support with Zoom: Tyson Kamikawa - 781.460.8467

Gathering Music John Kramer

Community News (In 140 Characters or Less)

Lee Barton

From the Standing Committee: WUS will continue to pay all its staff throughout the State of Emergency as if we were still meeting in person.

Thus, for those who are not suffering from financial distress, please continue paying your FY20 pledges. We are also waiting for about 50 members and friends to submit their pledge for FY21. You may do so on-line through this link: https://tinyurl.com/WUSpledge

In-person meetings are suspended. We have purchased a Zoom account for use by committees, covenant groups and other groups who wish to connect. Contact Administrator Thomas Slack (office@winchesteruu.org) to schedule use of the WUS Zoom Room. Some staff also have Zoom accounts that might be available if the main WUS account is already allocated to another group.

We strive to continue building community while ensuring public safety and ethical integrity. Thank you for your part and your patience as we navigate this new situation together.

Parents: look to your email for a religious education activity you can lead with your family this week. You can also find the packet here: [link]

Come join us for next week's **Community Check-In**. This on-line meeting will run from noon to 1pm this Wednesday, March 25th. Log on with the same link you are accessing worship to talk about Coronavirus or to talk about everything but Coronavirus – new jokes, great books you have read recently, weird dreams. Snitch on your "co-workers" (parents, children and pets) at your "workplace." What socially inappropriate behavior needs to be reported to HR? However the spirit moves us! And Bring a Friend – send this link to those you would like to introduce to your WUS friends. All are welcome!

Whole Community Greeting *Use the "chat" function to greet others in worship. Our Chat Covenant: we only write things we would say in person in the sanctuary.*

Ringing of the Bell The bell that calls us back to worship is a gift from our Partner Church in Marosvásárhely, Transylvania.

Opening Words

by Ashley Horan (Part I; Adapted)

The Rev. Heather Janules and Marianne DiBlasi

Chalice Lighting

by Jennifer McGlothin (Adapted)

Sam Wilson

If you wish to do so, please read together the words for our chalice lighting and light a chalice at home as we light the chalice in our Sanctuary.

As the first hint of green begins to peek through the barren ground As that little sprig grows into a healthy stem
As that stem grows into a stalk and forms a bud
As that bud slowly opens with each new day
To form a yellow daffodil
Let us be, like that first hint of green, renewed by the sun's warmth Ready to face each day with new energy
We light this chalice as a sign of this warmth within and around us

Hymn

For the Beauty of the Earth

For the beauty of the earth, for the splendor of the skies, For the love which from our birth over and around us lies: Source of all, to thee we raise this, our hymn of grateful praise.

For the joy of ear and eye, for the heart and mind's delight, For the mystic harmony linking sense to sound and sight: Source of all, to thee we raise this, our hymn of grateful praise.

For the wonder of each hour of the day and of the night, Hill and vale and tree and flower, sun and moon and stars of light: Source of all, to thee we raise this, our hymn of grateful praise.

For the joy of human care, sister, brother, parent, child, For the kinship we all share, for all gentle thoughts and mild: Source of all, to thee we raise this, our hymn of grateful praise.

First Reflection

Celebration Every Day

Heather, Sheina and Temple Janules

Attached to this order-of-service is a "pew/couch pack" for young children so they may engage in an activity concurrent with the rest of the service.

Young people are also invited to draw an image of something that brought them joy this week, to be shared (held up to the camera) during the "chat" time at the end of the service.

You may also find the pew/couch pack materials here: [link] and a Worship Resource here: [link]

Blessing

May the light within you shine before you, everyday, everyday.

May the light within you shine before you guide your way, guide your way.

May the love we share surround you and chase your fears away.

May the light within you shine before you, this we pray, this we pray.

Responsive Reading From the Gospel of John, Chapter I Lee Barton and Marianne DiBlasi Please join Marianne in responding with the words in standard type as Lee leads us in the words in italicized type. You may also listen to the responsive reading as a spoken meditation.

One: Let us love one another, because love is from God.

Many: Whoever does not love God does not know God, for God is love.

No one has ever seen God; if we love one another, God lives in us.

God is love, and those who abide in love, abide in God, and God abides in them.

There is no fear in love, for perfect love casts out fear.

Those who say "I love God" and hate their brothers and sisters are liars, for those who do not love a brother or sister, whom they have seen, cannot love God, whom they have not seen.

No one has ever seen God; if we love one another, God lives in us.

Kindling of the Light

Rain Tree Sketch II

Toru Takemitsu

You are invited to now light a candle of joy, sorrow or concern as we light candles in the Sanctuary.

Silence

Second Reflection Our Finest Hour: Love Wisdom from the World's Religions The Rev. Heather Janules

Hymn

Filled with Loving Kindness

May I be filled with Loving Kindness

May I be well

May I be filled with Loving Kindness

May I be well

May I be peaceful and at ease

May I be whole

May you be filled...

May we be filled...

Reading

by Rabbi Yosef Kanefsky (Abridged)

Lee Barton

Offering This morning, we share our gifts with the Council for Social Concern, our local food pantry, responding to the increased demand for food related to school closures and lost wages during the pandemic.

You may donate through Give+ [link to app tutorial] PayPal [link] or by mailing a check to WUS, 478 Main Street, Winchester, MA 01890. Please write or type "March 22 Offering" in the memo line or comment field.

Our practice is to invite first-time worship attendees to be our guests. In lieu of a contribution, please complete the Virtual Visitor Card: https://tinyurl.com/WUSVirVisCard so we can stay connected beyond this Sunday.

Offertory

Affirmation of Shared Ministry *Those who wish to do so are invited to join in reading together the community affirmation:*

We gather not for ourselves alone, but to use our common power to build the Beloved Community within and beyond these walls.

We create and reaffirm this covenant this day - to make justice flourish, to practice compassion amidst difference and to embody transformative love.

Reading By Jonathan Hadas Edwards & Julia Hartsell (Abridged) Marianne DiBlasi

Hymn O, Life that Maketh All Things New

O Life that maketh all things new, the blooming earth, our thoughts within, our pilgrim feet, wet with thy dew, in gladless hither turn again.

From hand to hand the greeting flows, from eye to eye the signals run, from heart to heart the bright hope glows, the seekers of the light are one:

One in the freedom of the truth, one in the joy of paths untrod, one in the soul's perennial youth, one in the larger thought of God;

The freer step, the fuller breath, the wide horizon's grander view, the sense of life that knows no death, the Life that maketh all things new.

*Benediction by Ashley Horan (Part II; Adapted)

Postlude Up Jumped Spring Freddie Hubbard

Extinguishing the Chalice *Please join us in reading together the words for extinguishing our chalice:*

We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.

Join the Chat!

Music Notes

Japanese composer Toru Takemitsu (1930-1995) draws from the rich cultural traditions of Japanese art and religion, in as much as these are inseparable. He also greatly admired European composers, especially the French, including Olivier Messiaen, to whom the work is dedicated. I offer this work today in celebration of the wisdom that world culture and religion can provide.

Questions for Reflection

What signs of Spring have you observed? What has brought you joy this past week?

How might you allow the community to care for you?

How are you in service to others?

What wisdom do the ancient faith traditions offer us in this time?

Serving Today

Tyson Kamikawa, Real-Time Tech Support Associate; Contact Information: 781.460.8467

Lee Barton, Worship Associate

Kim Foley, Pastoral Care Associate; Contact Information: 339-227-0216

James Pidacks, Technical Care Associate

Sam Wilson, Technical Care Assistant



The chancel flowers celebrate the beginning of Spring!

3.22.20 SUNDAY MORNING WORSHIP (PEW/COUCH) PACK

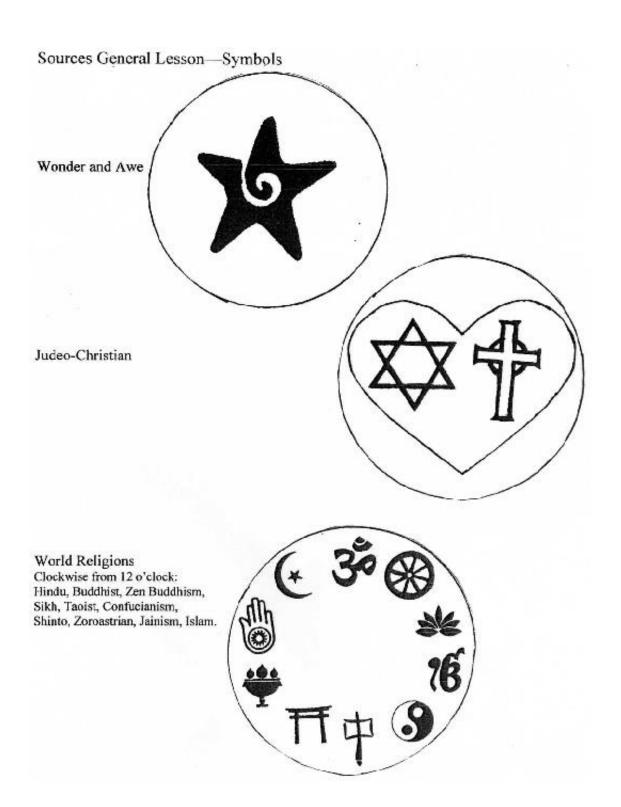
Good morning families and friends,

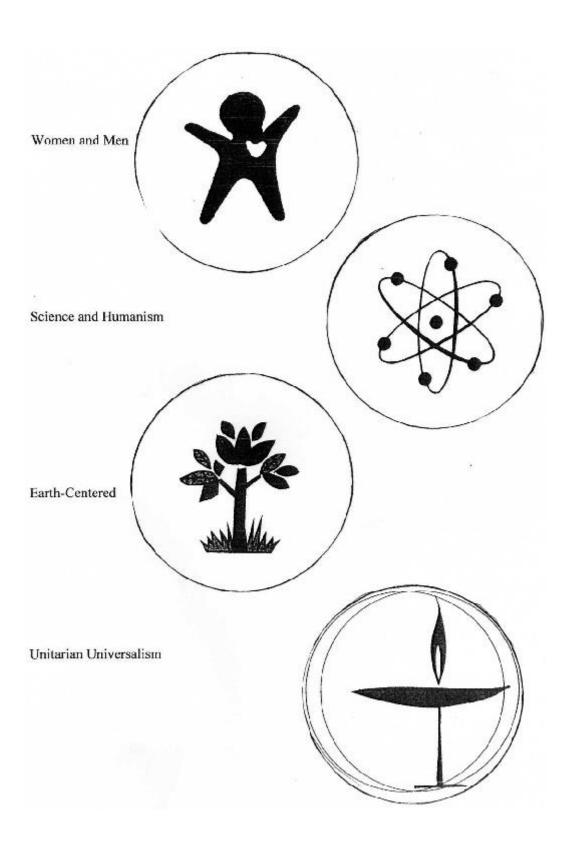
Today after first reflections, the worship service will be about how the world religions give us wisdom to live well whatever happens in our lives. That wisdom can comfort, can inspire, can teach and can connect us. One of the ways that we, Unitarian Universalists learn, and grow is from the world of religion and other sources. Invite your children to color and cut out the set of symbols of our sources (world religions included) on the next two pages. Perhaps the writers can label the backs of each symbol. If you copy two sets, maybe you can play a memory game (with no labels on the back, of course) There are coloring pages beyond that, for meditative coloring. It's okay to color over the lines, outside the lines, or leave parts blank. It's YOUR meditation.

In between the meditative pages and after them, are two scavenger hunts. One for inside and one for outside. You probably want to do the outside one after worship, weather permitting. Any time there is text in a child's activity it's a great opportunity for the older children to support the younger children in a family. If you network with another family, perhaps your kids can connect electronically before and after the hunt. And as I wrote last week, there's the all-important ritual of snack or lunch. Breaking bread together is an important part of many religious observances. We can call it snack or fellowship, but it is a time to share food and enjoy the company of each other. This sharing deepens relationships. Enjoy. Enlist your children in creating snack or lunch. They are more likely to eat something they helped to make.

I have also included a description for the Settling In part of the morning which we use in Religious Education sessions. You may find it helpful. Eyes will probably roll, and there may be exaggerated sighs, but keep going. Eventually, as with many new things, kids catch on to the benefits. Your older kids can probably lead this, since many of them have. These will be pinned to the top of the weekly pages for reference.

- **Entering** —Ask everyone to "check in" with their name and something specific (an animal they like, favorite food etc.) This week I recommend "signs of spring". Even though you know each other, naming and responding is a way of bringing one's self into the present.
- Introduce and practice chime time signals: If you have a physical chime or bell, great, if
 not, there's an app for that. Ring the chime (or better still, have a child ring the chime).
 The set up goes something like this. "Relax, soften your gaze or close your eyes if you like.
 To soften your gaze, just look off in the distance at nothing in particular. I think you
 probably know how to close your eyes.
 - When the chime sounds, listen carefully to when the sound ends and the silence begins and when you hear that change, raise your hand or" (any signal you agree on).
- Introduce and practice Collective Breaths: We breathe together three times with a slow count inhale and a slow count exhale (I use a four count for each). Set up goes something like this "As with chime time, you can soften your gaze or close your eyes. If you like place a hand on your chest, over your heart and one on your belly so that can also feel the breath go in and out. Let us begin, 1, 2, 3, 4, and out, 1, 2, 3, 4. Again (repeat the sequence). And one last time (repeat the sequence)
- **Chalice Lighting:** We do this collectively, online as our service begins. Please see the Chalice, Chalice, Chalice resource included in this packet (it's at the end)





Left side: Judaism, Islam, Buddhism Right side: Earth based, Humanism, Buddhism, Taoism, Center: Christianity,

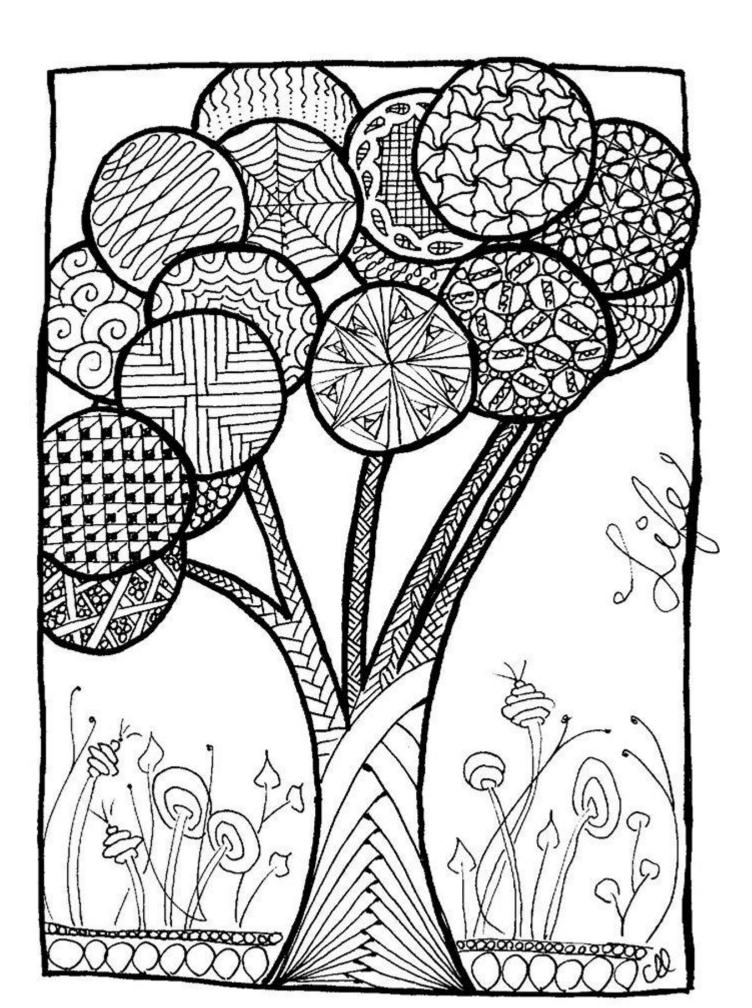


Indoor Scavenger Hunt

IN A BAG OR BASKET. CHECK THE BOXES
AS YOU FIND EACH ONE.

- A TOY WITH WHEELS
- A BOOK WITH THE FIRST LETTER OF YOUR NAME IN THE TITLE
- A PAIR OF MATCHING SOCKS
- 4 THINGS THAT ARE GREEN
- SOMETHING VERY SOFT
- A TOY SMALLER THAN YOUR HAND
- SOMETHING ROUND
- A BOOK WITH NUMBERS IN IT
- 5 LEGOS THAT ARE ALL DIFFERENT
- A PHOTO OF SOMEONE YOU LOVE
- AN ITEM YOU CAN SEE YOURSELF IN
- AN ITEM THAT MAKES YOU FEEL COZY
- A TOY THAT HAS 3 DIFFERNT COLORS
- A MOVIE THAT HAS "S" IN THE TITLE
- YOUR SNUGGLIEST STUFFED ANIMAL

Ready for snack? Make sure everything gets put back where it belongs!



Outdoor Scavenger Hunt

IN A BAG OR BASKET. CHECK THE BOXES
AS YOU FIND EACH ONE.

- 5 LEAVES THAT LOOK DIFFERENT
- A STICK THAT IS LONGER THAN YOUR HAND
- A ROCK WITH SPOTS ON IT
- A FLOWER
- A FLAT ROCK
- 10 BLADES OF GRASS
- SOMETHING YOU LOVE TO PLAY WITH
- A PIECE OF TRASH YOU CAN RECYCLE
- SOMETHING THAT IS BROWN
- SOMETHING THAT IS HEAVY
- SOMETHING THAT IS VERY LIGHT
- SOMETHING THAT NEEDS SUN TO LIVE
- AN ITEM SMALLER THAN YOUR THUMB
- SOMETHING THAT STARTS WITH "M"
- SOMETHING THAT SMELLS GOOD

Ready for snack? Make sure everything gets put back where it belongs!

CHALICES, CHALICES!

Do you have a chalice?

Before you can light a chalice at home, you've first have to make sure you have one! Prepare for online worship by making found-object or constructing chalices at home with clay or Legos or?

What makes a chalice, a chalice, a chalice that you make?

Take a couple of minutes at the beginning of this activity to just imagine things around your house. Think about what might resemble a flame, a cup, a foot, and a chalice. Look around your house. You can collect a lot of things, even if you don't end up using them all. Look for things that can serve as the flame, and other objects that can serve as the chalice. Flame objects can be things like an LED candle, a candle, a votive tea light, a flashlight, a headlamp, some red and orange tissue paper, or construction paper cut out like a flame.

Once you have your flame, start looking for chalices. A chalice can be one piece, that has a cup to hold the flame and a stem beneath it. Or, it can be two objects-a cups placed atop a stem, the gravy boat (anyone remember those) an upside-down flowerpot. The kitchen is a great place to start-bowls, cups, teacups, saucers. If weather allows, check outside or in your art supplies-you may find some hidden chalices there, too!

Where do you put your Flaming Chalice?

Chalices are often placed on an altar amongst other important items. In our Sanctuary and Chapel, there are large chalices and flowers or our joys and concerns scales. In our classrooms, there are smaller chalices which we light together. Those are usually in the center of our circle. Where do you put your chalice at home?

History of the Chalice: <u>from the UUA</u>

A flame within a chalice (a cup with a stem and foot) is a primary symbol of the Unitarian Universalist faith tradition. Many of our congregations kindle a flaming chalice in gatherings and worships and feature the chalice symbol prominently. Hans Deutsch, an Austrian artist, first brought together the chalice and the flame as a Unitarian symbol during his work with the Unitarian Service Committee during World War II. To Deutsch, the image had connotations of sacrifice and love and was used to identify shipments of humanitarian aid. Unitarian Universalists today have many different interpretations of the flaming chalice, including the light of reason, the warmth of community, and the flame of hope. What began as a shipping logo, became a powerful symbol of people coming together.

The Chalice at Home

Most religions use objects, and many use symbols, to act as a metaphor for their values, faith, and beliefs. The flaming chalice is one of our Unitarian Universalist symbolic objects. It is a reminder of our who we are together, even when we are apart. It is a reminder of what we represent and the history that brought us to today. It can serve as a more personal object as well. Having a chalice in your home is a reminder of faith, a prompt to reflect, to connect and to cherish each other. It can be those things and many more. What does the Flaming Chalice represent to you?