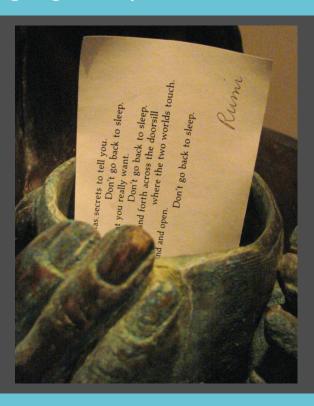
Winchester Unitarian Society

Highlights September 19, 2019



Upcoming Worship



10:00 am Family Worship, Downstairs Chapel

For young children, their adult friends and those with an inner child... see below for more information

This Week: All Part of the Balance: An Equinox Lesson

Sunday, September 22, 10:30 am, Sanctuary

"There is a Love Holding Us": Celebrating Pastoral Ministry

The Rev. Heather Janules Worship Associate: Peter McEntee

Many join and commit to a congregation "for community." Whether we think about it at the time, we often seek community so that we do not live through our joys, transitions, sorrows and fears alone.

This service will reflect on how we companion one another through the peaks and valleys of life. It will also include a welcome ceremony for our new Pastoral Care

Associates, a time for us to celebrate our long-serving lay ministers who will reaffirm their commitments to ministries of support and presence. Come, share and feel the love...and be thankful to all those so generous with their compassion!

This Sunday, we will Share the Plate with the **Hospice and Palliative Care Federation of Massachusetts**, connecting individuals with organizations providing compassionate end-of-life resources and care for patients and their families.

Bring Your Gifts to Sunday Morning

Do you like to draw or take photos? Are you a storyteller? Could you read a short passage in front of others without collapsing in panic?

For ways to contribute to Sunday morning and for a friendly reminder about worship announcements, please visit:

https://www.winchesteruu.org/worship/sunday-morning/

Music

Choir

Adult Choir rehearsal at 8:45 on Sunday.

Children's Chorale and Youth Choir rehearsals are Tuesday evening from 6:15-7pm. Do you know a young person who loves to sing? Both these groups are wonderful opportunities to learn about music and enjoy community, and have a great time.



Please contact Music Director John Kramer for more information at john.kramer@winchesteruu.org

Religious Education

RE program Registration is open for the 2019-2020 program year! Details of the program are here – (link to program brochure on web) To keep our contact information current, we ask that all returning and new families complete a registration form (linked here) Please return your family's registration information by October 6th.

This Sunday:

Morning Groups: Parents please note that since the weather promises to be mild, we will be heading outside for the session. Children and leaders begin on the upper level, but return to the Symmes room to meet you there at the end of the morning.

PreK-1 World of Wonder: Pollinators: We'll meet on the upper level end classroom and go in search of the pollinators and friendly plants on the grounds of Winchester Unitarian. Teachers Isabelle and Caroline lead the group.

2-4th Grades Moral Tales: We are One, connected to all life, and other people, at this congregation and beyond. We hear a tale from the Hindu tradition, and explore how other beings might behave – putting ourselves in their claws, fur, feathers? Teachers Charlotte and Elizabeth lead the group.

5th Grade and beyond, Faith Finders: What shall we do with our year? We have a menu of social service, advocacy, faith exploration and spiritual practices to chose from. Rebecca leads the group this morning

Afternoon Groups:

F8th in Action: Our year begins THIS Sunday! We meet and greet, get familiar with f8th and each other with some ice breakers, and consider what's inside or outside our zones of comfort. Bring your favorite snack as a way of introduction. 4:30-6:00 meeting in the Parlor.

Our Whole Lives: This year, Our Whole Lives for 7th grades will begin meeting on October 20th. In the meantime, please feel welcome to join us as we explore Unitarian Universalism in Faith Finders, or to join us in worship at 10:30.

Mark those Calendars!

Our Whole Lives Parent Orientation has been rescheduled to October 6th from 4:00-5:45. If your child is participating in this year's Our Whole Lives program, this orientation is mandatory for parents, even if you have had a child in the program before. If you have any questions prior to the orientation, please contact Rebecca Kelley Morgan via rebecca@winchesteruu.org or download the program information (brochure linked here).

Potluck Theology Returns: October 27st and December 8th 4:00-6:00. Stay tuned for more details.

Let us know how to reach you! We often have information and/or scheduling changes to share with families. If you have a child pre-k through 8th grades, please give us your current email address so that we may communicate more effectively with you. Send to rebecca@winchesteruu.org

Family Worship at Winchester Unitarian Society

Family Worship happens in the chapel at 478 Main Street from 10:00-10:20, all Sundays this fall excepting 10/20, 11/24, 12/15 and 12/29.

Designed to be inclusive of families with younger children, Winchester Unitarian's Family Worship service is place where you and your family are just fine the way you are. Rustlings and comings and goings are held lightly, there's room to wiggle as well as to experience rituals of caring and connection in this short (20 minutes) and evocative worship service. If you are looking for a welcoming and meaningful experience to share with the children in your life, please join us. If you are looking for a message to inspire and inform, please join us. If you are looking for a place where you are known and welcomed, join us.

WUSYG Winchester Unitarian Society Youth Group

WUSYG has our 2nd regular meeting this Sunday, 4:30-6:30 pm in the WUSYG Room. Also save the date for our Fall Retreat: 10/4-10/6. For other upcoming events, here's a link to our calendar for the

year: https://docs.google.com/spreadsheets/d/1NEFqZr1-Aed6CLg2DWt9VyDAl53Bom-UrZek7Yyz Xs/edit?usp=sharing

And here's a copy of our latest WUSYG Handbook for Families: [link to attachment] Click here for our latest registration and medical form (required for everyone participating in WUSYG this year. Please fill this out as soon as possible!): https://forms.gle/CvwJbhPTaPyw7MEQA

Finally, parents, please sign up here to bring

snacks: https://docs.google.com/spreadsheets/d/1-

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Congregational News



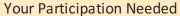
Global Climate Strike on Sept. 20.

On September 20th, 2019, millions of people will strike around the world to demand action on the climate crisis. In Boston, thousands will gather at City Hall Plaza and start a new era of societal transformation, justice, and climate action. This will kick off a week of action across the country. The WUS Green Sanctuary Committee and UU Mass Action lwagner@uumassaction.org urge you to join the Boston part of Global Climate Strike on Sept. 20. We will carpool from the church to Orange lime T stop, leaving at 10:30 am. Sign-up in Symmes Room.

FREE Community Dance! Bring Your Friends...

September 29th from 4:30-6:00 PM Community Dance: How often do you get to have fun dancing in a community of all ages? Ready to try? Marcie Van Cleave, director of the Folklife Center of New England, guides you and other dancers in multicultural, circle and contra dances as our group of live musicians play the tunes. We invite people of all ages, experience and abilities to bring your happy feet to Metcalf Hall and DANCE! Many thanks to the Cerny-Thomases fund for making this event possible.

New Procedure for Coffee Hour Refreshments as of October 6th





Sunday Coffee Hour Refreshments will be handled differently beginning 6 October. We so appreciate the volunteers that have graciously offered time after time to bring refreshments on Sundays; however, as we look to the future we are aware of the burden that several In our community have been carrying for us all and we

believe the weight should be distributed. Like the old story, several. Loaves and fishes have been feeding the whole community!

OK, maybe that's not a perfect metaphor, but I think you know where I'm going. Beginning 6 October WUS members will be assigned a Sunday during the program calendar where they will be asked to bring the refreshments and assistance during that Sunday's Coffee Hour. We will use the same online sheet that's been used with assigned names and dates. Each individual family shouldn't have to help more than once a year or every other year. Without a doubt, there will be an assigned week that won't work for a given family and we ask then that you barter with your fellow congregants to switch up the assignment to cover your assigned Sunday.

This is a common refreshment process in other congregations, and we look forward to how it can strengthen our community and introduce more of us to one another along the way. If you have any questions, please feel free to contact Tyson (tyson@kamikawa.us) along the way.

From the Music Committee

Our 14th concert series kicks off on Friday, Oct 18th at 8:00 PM with Piano Quartets of Brahms and Kramer. Join us to hear the c minor piano quartet of Brahms and a new piano quartet by John Kramer. And, please consider sponsoring this year's concert series at the \$125, \$200 or \$300 level. For your convenience, a sponsor table will be set up in the coffee room after the Sunday service on Sept 29th, Oct 6th and 13th. Bring your checkbook!

Come to Green Sanctuary (GS) Meeting, Sept. 19

Hope you each a had a good summer, and are ready to spend some time this fall, winter, and spring healing our world. All who attend WUS are welcome to attend GS meetings and participate fully, as the GS does not have members voted by the Congregation. While most WUS Committees help improve the church's environmental GS also helps WUS households have impact, environmental impacts, plus more influence on local, state, national, and global polices to reverse harmful environmental impacts. Our first 2019-20 church year meeting is on for Thursday, Sept. 19 at 7:00 pm in the Michelsen Room. All are invited, and encouraged to RSVP to coonley@me.com. for the agenda. And if a regular conflict on the third Thursday of the month, please identify which monthly night/time in future would work better for you.



Fall Sanctuary training at First Parish Bedford

Now that summer is over, First Parish is offering training in September and October. Most Level 2 congregations have exhibited some burn out. This has not been a problem for us. Instead, a dedicated group of thirteen to nineteen WUS volunteers, out of forty-two WUS volunteers signed up for sanctuary, have been carrying the load. So, it is imperative to replenish volunteers and give those that have been doing more than their share a break.

Dates for training are as follows:

Monday, September 23, 7-9pm: First Parish Bedford, room 202 Tuesday, September 24, 1-3pm: First Parish Bedford, room 202 Tuesday, October 29, 1-3pm: First Parish Bedford, room 202 Wednesday, October 30, 7-9pm: First Parish Bedford, room 202

Per First Parish, "you are so crucial in this mission to keep our guest safe. She is so grateful for all you do! It's wonderful that we keep getting new volunteers every month, as we continue our commitment for the long haul."

Please e-mail **marilynmullane@me.com** if you plan on attending. Provide your name, e-mail address and phone number. Note that drop-ins are no longer invited.

Next ICE Detention Vigil in Boston, September 29th, 2:00 PM

This month's vigil, sponsored by MCAN (MA Communities Action Network), is led by Parish of the Epiphany - Winchester, with other faith and civic groups participating. Interested WUS participants will join First Congregational Church, Temple Shir Tikvah, and the Winchester MultiCultural Network. A 47-seat bus has been rented and will be



outside Epiphany (70 Church Street) at 1:00 pm, leaving for Boston no later than 1:15 pm. We should be back in Winchester by 4:00 pm. If you plan to ride on the bus, please let Pam Chester (pgachester@gmail.com) know. If the bus fills up, we can also carpool. Suggested donation for bus - \$10 per person/family. Of course coming directly to the vigil is also fine. Volunteers will help direct you to legal street parking if you come to 20 Bradstone St--just look for our signs and banners!

Per Phil Coonley, "of all the ICE related vigils, I've found these at the detention Center in Boston the most moving and reinforcing. About half way on the 1/4 mile walk around the facility one mounts an elevated pedestrian walk which is visible to the prisoners in the facility. and since the second floor windows are not opaque like the first floor's, many inmates are against the windows expressing their thanks for our presence. Apparently it means a lot for them to know they are not forgotten, and that many folks are sympathetic to their plight."

Please e-mail **heather.janules@winchesteruu.org** if you are planning on attending so that she can alert the Parish of the Epiphany.



Also, September 29th after the church service, "ask me about sanctuary"!

WUS sanctuary volunteers will be available during coffee to answer questions about supporting the First Parish of Bedford, a Level 1 congregation, housing "Maria" in sanctuary. This was a commitment we made in January 2017 when this congregation voted to become a Level 2 support congregation! Please consider signing up now for September or October

training, available at First Parish, and help provide critical round the clock coverage.

Covenant Group Opening

WUS has a number of small groups that meet regularly for personal sharing and reflection on a meaningful topic. Last year, Rev. Heather created a new group using the Soul Matters curriculum. The Soul Matters materials correlate with the monthly theme and include spiritual practices, thoughtful questions plus many quotes, videos and songs



The group meets the fourth Thursday of the month from 7:15-9:00 PM. As we have some openings, we encourage those who may wish to join us to contact Rev. Heather by October 1st to learn more. Please join us!

Save the Dates

We Believe in Dog Walks Again on October 19th



November 2nd Intergenerational Spaghetti Dinner

We will gather in Metcalf Hall for our 2nd intergenerational spaghetti dinner.

Brought to you by the Membership and Fellowship Committees!



Community Joys and Sorrows

As named in worship on Sunday, our hearts go out to **Sam Berliner III** with the recent death of his sister.

Sam writes, "[my] 'baby sister', Peggy Berliner Ottens, of Willcox, Arizona, passed away at 77 after a return and metastasis of an old cancer, requiring massive radiation which, in turn, was too much for her and she died peacefully, in her sleep, early Sunday morning...Peggy was a major force in Greyhound rehabilitation and an organizational leader in the art world, both in central Pennsylvania for some 40 years and then in Willcox for the past 10. She was widely beloved in the two communities and in a tight-knit family. Peggy and her husband were building their own house in the high desert 50 miles east of Tucson, going out in their Jeep to collect rocks, which were then cemented together into wall panels, and raised in place. Her husband, two adult offspring, and two grown grandchildren survive her. Peggy and Sam's older daughter were like close sisters. There will be no funeral or memorial service; rather, when things simmer down in a few months, there will be one wing-ding of a big party at home to celebrate her; living with many vintner neighbors guarantees great fun!"

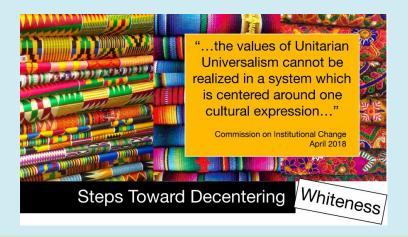
Healing wishes are with **Pete Baldwin** who underwent knee replacement surgery this week.

Our love and care go out to all who have joys or sorrows, hopes or prayers on their hearts. If you are facing a time of joy, sorrow or transition in your life, our ministers and the Pastoral Care Associates are available to offer a listening ear, compassionate presence and, if applicable, resources. Contact the office, 781-729-0949 or office@winchesteruu.org

Social Action & Outreach

Social Action and Outreach wants your suggestions for justice and service projects this year. Please talk to any member of the committee: Sue Doubler, Harris Gibson, Gordy McIntosh, Claire McNeill, Patty Shepard, and Martina Warner. We have one vacant spot. Would you like to join us? Come to a meeting, the first Wednesday every month.

How can we "walk the talk" to change racist systems? There is still time to register for the October 5 workshop, "Decentering Whiteness." We will identify steps which congregations might take.



Benefit Concert for Oxfam Friday, September 20, 2019 8:00 p.m. New England Conservatory of Music: Jordan Hall, 30 Gainsborough Street, Boston. Alarm Will Sound, a contemporary musical ensemble, will play Donnacha Dennehy's *The Hunger*, a cantata about the Great Irish Famine, along with Eartheater *When Fire is Allowed to Finish*, creating an evening of music centered around historical accounts of personal loss.

The WUS Racial Justice Book group will meet **Sunday**, **Sept 22 at 12:00** to decide books for the fall. All are welcome.

Join Black Lives UU & Love Resists to disrupt mass incarceration and end cash money bail! See <u>Love Resists</u> resources on how mass incarceration starts with money bail.





Lexington Refugee Assistance Program(LexRAP), is a non-profit that helps refugees, has a family that needs a 4 bedroom or very large 3 bedroom apartment or house.

The story is heart warming and compelling: The Syrian mom and sons came on a medical visa six

years ago when the older son was seriously injured in the war and they were flown to Children's for medical care. The mom was 8 months pregnant at the time and had the baby here. They applied for asylum, which was granted, and they got refugee status. The older son is now fine after several surgeries. The rest of the family escaped to Jordan.

The mom and boys have been living in a 2 bedroom apartment in Arlington for the last two years. We have known this family for many years and have great respect for how the mother has managed a very difficult situation - she has become a leader among the women LexRAP supports. Recently, 4 daughters were able to get permission to come join their mother and they just arrived in early August - after being separated for 6 years. Now their apartment is too small so they need a bigger place in Arlington, preferably, or in the general area.

If you know of anyone who knows of a place, please have them call Lynn who is working on this at 781-738-7859 or email her at lynn.wolfsfeld@gmail.com

Council of Social Concern

Next time you go shopping, please consider buying extra *mac & cheese* and *canned potatoes* for the Council of Social Concern's Food Pantry. These are the items they need this month to stock their shelves. Thank you for your generosity.



Sunday Volunteers & Flower Dedications



Coffee Hour Refreshments

Help make Sunday mornings more welcoming and joyful by bringing refreshments for coffee hour! If you are willing to be contacted when **sign-ups** are needed, please email **Tyson Kamikawa** to put yourself on the list.

Usually two people sign up to bring finger foods for one Sunday. We truly appreciate your willingness to be asked to help out in this simple way - thank you!

Flower Dedications

Dates are available for flower dedications. You may dedicate flowers in celebrations of, in memory of, or in honor of someone and it will appear in the Order of Service.

The cost is \$45.00 (or you can bring your own flowers, but let the office know). Please click to **sign up** or use the sign up sheets in the foyer.





Sunday Secretaries

<u>Sign up</u> to be a Sunday Secretary for Sundays. Please contact the office at 781-729-0949 or <u>office@winchesteruu.org</u> if you're willing to consider it!

Seeking people to organize and lead the message part of Family Worship first Sunday of each month! The Religious Education Committee invites those who are interested to lead the message for 10:00 Family Worship for the first Sunday of the month. If you have a favorite child-friendly story to read or tell, or short activity you would like to share, please do! Themes in the past have involved the environment, meditative practices, social justice, and friendship. You will be asked to coordinate with that day's worship leaders and provide any props. The message should be no more than 10 minutes long. Email the RE Committee at rec@winchesteruu.org (link address?) if you are interested. If you would like to lead, but need some suggestions, please let us know!

Yoga, Meditation, Qi Gong, Caregiver Support Group, and 350 Massachusetts Metro North

See Ongoing Activities at:

https://www.winchesteruu.org/news/ongoing-activities-groups/

Deadlines

Sunday Morning Announcements Guidelines: Click here
For Highlights submissions: Wednesdays, 9:00 am
For submissions to the OOS: Wednesdays, 9:00 am
Email to office@winchesteruu.org. No more than 250 words, please.

Staying Connected

Visit the WUS website!

- Read the latest Highlights and Mystic Messenger in <u>the</u> <u>news section</u>.
- Want to know if a room is free, or when your meeting is?
 View the calendar page.
- Need the latest directory, or a list of committee chairs? Go to <u>the members' section</u> (<u>contact the office</u> for the password).
- Want to set up electronic giving? Go to the <u>How to Give page</u>.



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